# KEAAU MIDDLE AFTER-SCHOOL ALL-STARS OCTOBER 2026

## VOLLEYBALL

All-Stars improve their volleyball skills throughout October, rotating through different positions to gain experience on the court. Playing every role helps students develop teamwork, communication, and confidence while learning how each teammate contributes to the game.









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## COOKING

Kea'au All-Stars develop their kitchen confidence as they learn important safety practices, including how to work carefully around burners and sharp utensils. Students put their new knowledge into practice by preparing quesadillas, gaining hands-on experience while learning to work safely in the kitchen.













# KEAAU MIDDLE
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## BASKETBALL

After practicing their drills, Basketball All-Stars put their skills to the test during friendly scrimmages. Working on dribbling, passing, and game play helps students build confidence, strengthen their teamwork, and apply what they learn on the court.











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## FLAG FOOTBALL





Flag Football All-Stars learn new plays and put them into action as they follow instructions and work together on the field. Each practice and game gives students an opportunity to sharpen their skills, communicate with teammates, and grow as a team.





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## CAREER EXPLORATION OPPORTUNITIES





Kea'au All-Stars explore important topics as they learn about high school, banking and budgeting, college applications, job interviews, and more. Their thoughtful questions and ideas show curiosity about the opportunities ahead while helping them build knowledge and confidence for future decisions.





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## ALL-STARS ATHLETIC LEAGUE - BASKETBALL CHAMPIONSHIP

Kea'au All-Stars bring their hard work and teamwork to the Basketball Championship, closing out an exciting season on the court. While the game marks the final basketball competition for the eighth graders, sixth and seventh graders are already looking forward to another season and the chance to keep developing their skills.









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## ALL-STARS ATHLETIC LEAGUE - BASKETBALL CHAMPIONSHIP

Families join the excitement at the Basketball Championship with a free throw competition for prizes. Taking their turn on the court gives families a chance to have fun, share their basketball skills, and celebrate the game alongside their All-Stars.









# KEAAU MIDDLE
# AFTER-SCHOOL ALL-STARS
# OCTOBER 2026

## ALL-STARS ATHLETIC LEAGUE (ASAL) - VARSITY VOLLEYBALL

Kea'au Varsity All-Stars bring their skills and team spirit to the volleyball games, working together and encouraging one another throughout each match. Their effort and support for their teammates show how communication and cooperation help build a strong team.

















# KEAAU MIDDLE AFTER-SCHOOL ALL-STARS OCTOBER 2026

## ALL-STARS ATHLETIC LEAGUE (ASAL) - JV VOLLEYBALL

Kea'au Junior Varsity All-Stars put their volleyball skills into action during game play, bringing energy and enthusiasm to every match. Working together on the court helps students strengthen their teamwork, build confidence, and enjoy the excitement of competition.









# KEAAU MIDDLE AFTER-SCHOOL ALL-STARS OCTOBER 2026

## STAFF TRAINING

Program Leaders prepare for Quarter 2 by reviewing program policies, exploring new techniques, and developing lesson plans for upcoming classes. This time for learning and planning helps strengthen the skills and preparation needed to create engaging, supportive experiences for All-Stars.











# KEAAU MIDDLE
# AFTER-SCHOOL ALL-STARS
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## STAFF TRAINING - HANDS-ONLY CPR AND FIRST AID





ASAS staff earn their First Aid, CPR, AED certification and practice first aid techniques to strengthen their emergency response skills. This training helps prepare team members to maintain a safe and supportive environment for All-Stars throughout the program.



