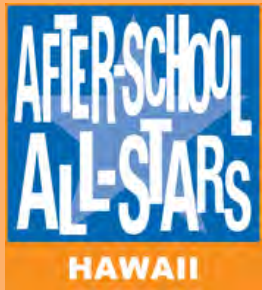


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS SEPTEMBER 2026

MULTI-SPORTS

Konawaena All-Stars participate in a friendly tug-of-war competition that challenges them to work together and develop strategies. The activity develops teamwork, strengthens their physical coordination and focus, while students enjoy active play with their peers.



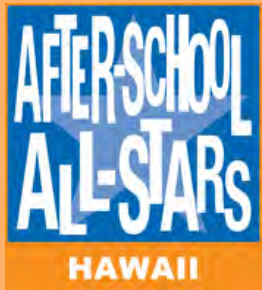


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS SEPTEMBER 2026

MULTI-SPORTS

Konawaena All-Stars learn the fundamentals of volleyball as they practice passing, coordination, and other basic skills in preparation for the next All-Stars Athletic League season. Learning together helps students build confidence, encourage one another, and grow as teammates.

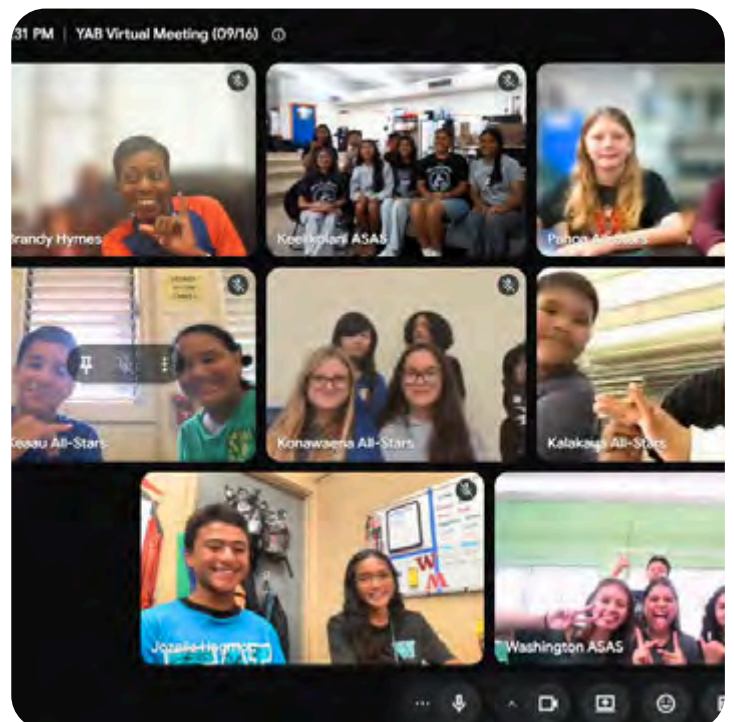


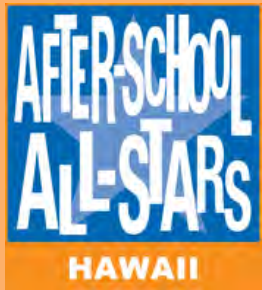


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS SEPTEMBER 2026

YOUTH ADVISORY BOARD

Konawaena All-Stars connect with students from other ASAS sites during a virtual Youth Advisory Board meeting to kick off the year. Learning about their roles and responsibilities as Yabbies helps students develop leadership skills, share ideas, and build connections with fellow student leaders.

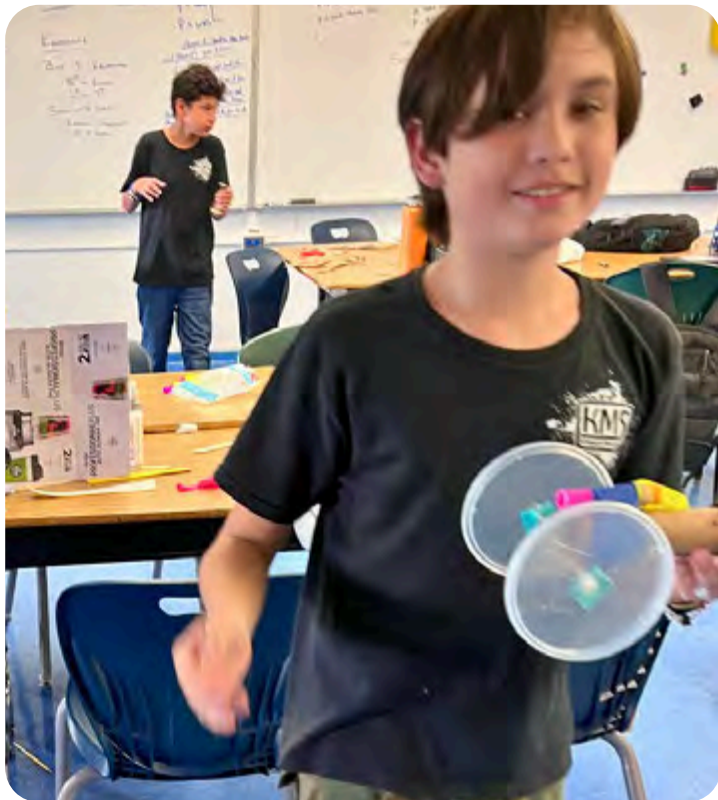
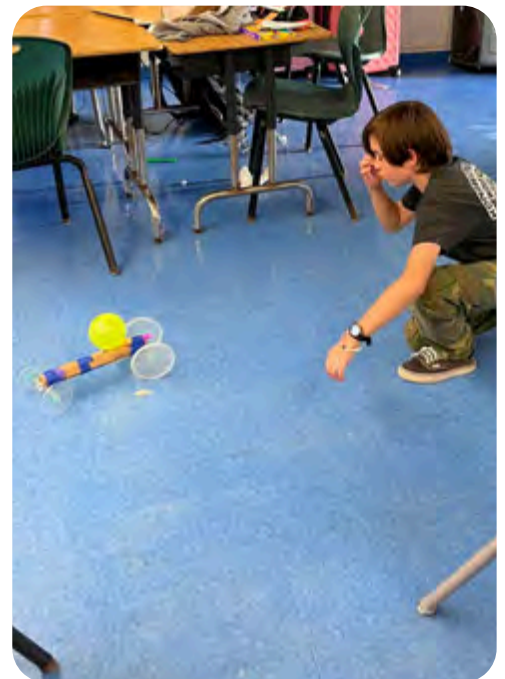


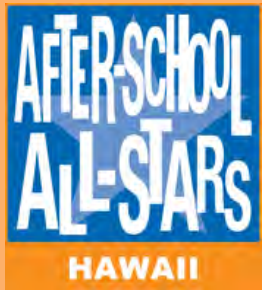


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS SEPTEMBER 2026

STEAM

Konawaena All-Stars design and build cars as they explore different materials and test their ideas. Working together to find effective designs encourages critical thinking, creativity, and problem-solving through hands-on learning.



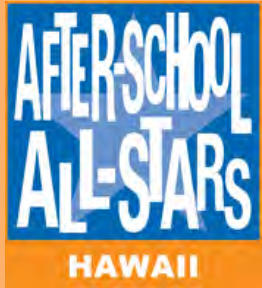


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS SEPTEMBER 2026

DIY

Konawaena All-Stars use everyday materials to design and construct their own bridges. Following instructions, testing ideas, and working through challenges help students develop their focus, creativity, and problem-solving skills.



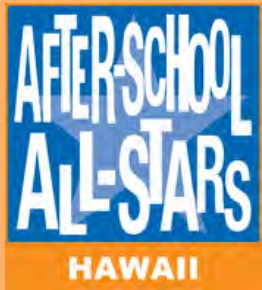


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS SEPTEMBER 2026

BASKETBALL

Konawaena All-Stars continue to practice basketball fundamentals and apply their skills in game situations. Athletes of all skill levels build confidence, improve their coordination, and communication on the court.



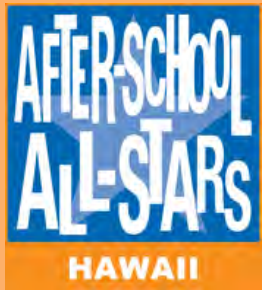


KONAWAENA AFTER-SCHOOL ALL-STARS SEPTEMBER 2026

ALL-STARS ATHLETIC LEAGUE BASKETBALL

Konawaena All-Stars prepare for league competition, with an emphasis on sportsmanship, teamwork, and effort. As students sharpen their skills and build team chemistry, they learn the value of supporting one another and enjoying the game.



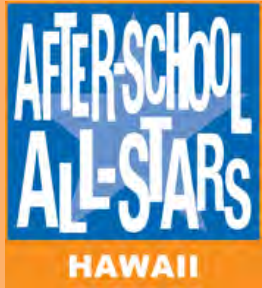


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS SEPTEMBER 2026

ALL-STARS ATHLETIC LEAGUE BASKETBALL

Konawaena All-Stars compete in the ASAL Basketball games, putting their skills and teamwork into action against other teams across Hawai'i Island. The experience encourages sportsmanship, building connections with fellow All-Stars, and reminds students that effort and teamwork matter both on and off the court.



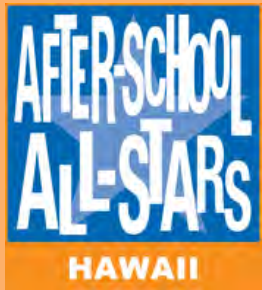


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS SEPTEMBER 2026

COOKING

Konawaena All-Stars prepare grilled cheese sandwiches and tomato soup while practicing kitchen safety, cleanliness, and food preparation. Following directions and cleaning up together helps students develop independence and practical life skills they can use beyond the program.



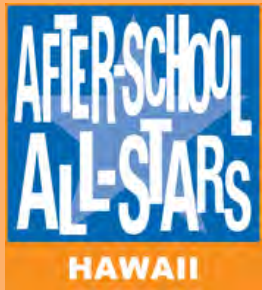


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS SEPTEMBER 2026

COOKING

Konawaena All-Stars learn to make French toast while building their confidence in the kitchen. Following a recipe and practicing food preparation skills encourages independence, attention to detail, and a willingness to try something new.



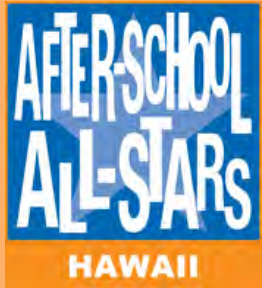


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS SEPTEMBER 2026

COOKING

Konawaena All-Stars enjoy the food they prepare and celebrate their accomplishments at the end of cooking class. These shared moments reinforce their growing kitchen skills while building confidence and pride in what they create.





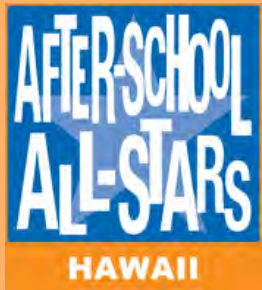
KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS SEPTEMBER 2026

HANDS-ONLY CPR TRAINING



Konawaena All-Stars learn Hands-Only CPR through demonstrations, videos, and review activities. Gaining knowledge of how to respond in an emergency helps students build confidence and understand how they can help others in a critical moment.



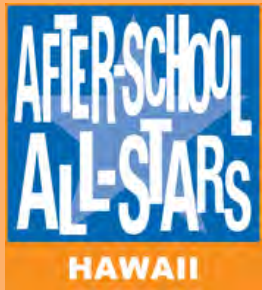


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS SEPTEMBER 2026

QUARTER 1 HŌ'IKE PREP

Konawaena All-Stars work together to prepare for their Quarter 1 Hō'ike by setting up decorations, organizing interactive booths, and helping prepare dinner. Taking responsibility for different tasks builds teamwork and leadership while helping create a welcoming experience for families and friends.



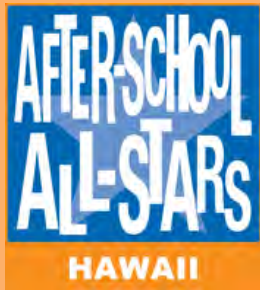


KONAWAENA AFTER-SCHOOL ALL-STARS SEPTEMBER 2026

QUARTER 1 HŌ'IKE

Konawaena All-Stars celebrate Quarter 1 Hō'ike with games, time with friends, and opportunities to connect with their families. The gathering celebrates student accomplishments and strengthens the relationships that help build a connected school community.





KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS SEPTEMBER 2026

QUARTER 1 HŌ'IKE

Konawaena All-Stars and their families share in the excitement of the Hō'ike raffle, with prizes adding to the celebration. The event brings the school community together and families are excited to attend the next event.

