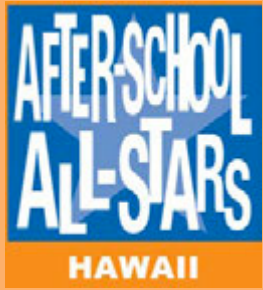


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

HAWAIIAN VALUE OF THE WEEK

Konawaena All-Stars practice *Laulima* and *Lōkahi* by working together to accomplish a shared goal. Through team-building activities, students strengthen communication, collaboration, problem-solving, and their ability to follow directions while having fun together.



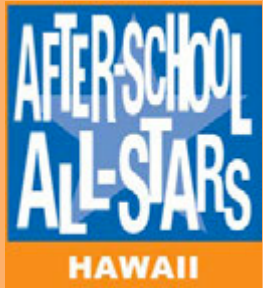


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

BASKETBALL

Konawaena All-Stars prepare for competition through basketball warm-ups, conditioning, and fundamental skills drills.



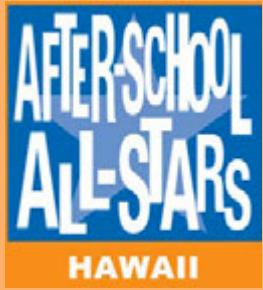


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

BASKETBALL

Students build agility, coordination, focus, and mental and physical resilience while learning the importance of preparation, effort, and teamwork.



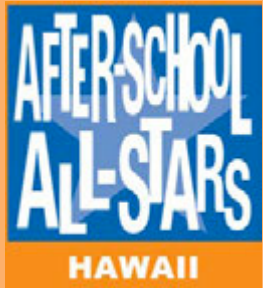


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

BASKETBALL

Konawaena All-Stars continue developing their basketball fundamentals through drills that encourage effort, focus, and a commitment to doing their best. Students of all experience levels have opportunities to build their skills and confidence while preparing for competition.



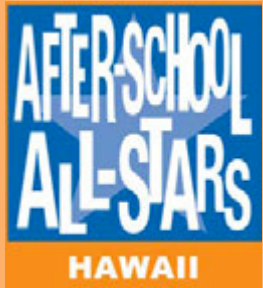


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

BASKETBALL

Konawaena All-Stars put their skills into action. Game play gives students an opportunity to improve their abilities, strengthen team chemistry, and experience the value of preparation and teamwork in a competitive setting.



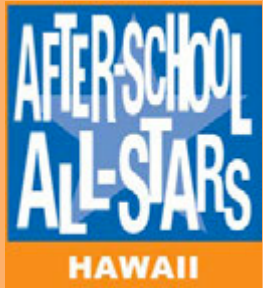


KONAWEANA MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

MULTI-SPORTS

Konawaena All-Stars explore a variety of sports and outdoor activities while discovering new ways to stay active. Students learn the rules and skills for different activities while having fun, spending time with friends, and trying something new.



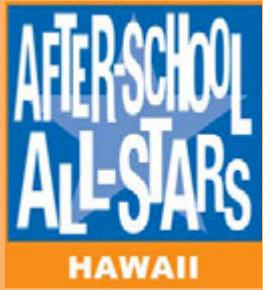


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

DIY

Konawaena All-Stars explore their creativity through a paper mâché DIY project that encourages focus, time management, and attention to detail. As students follow directions and work through each step, they build new skills while enjoying the creative process together.

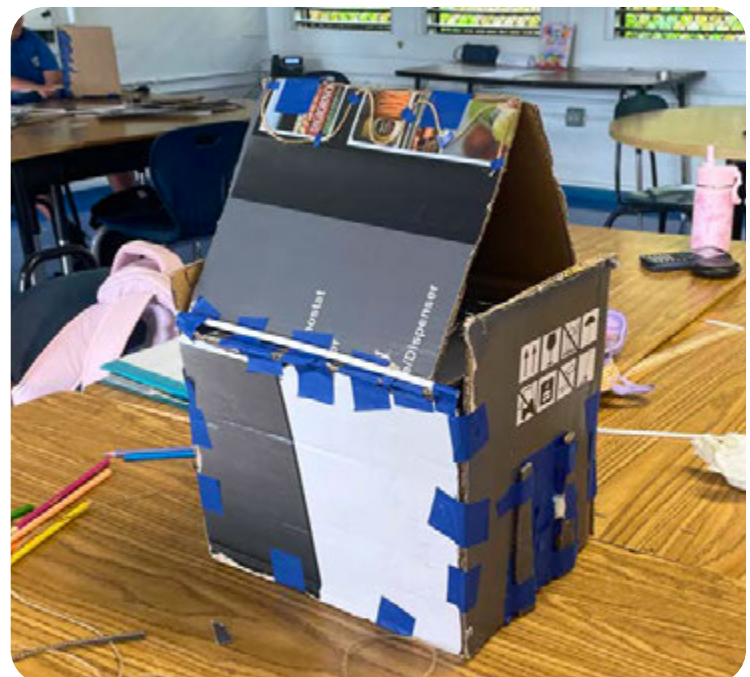


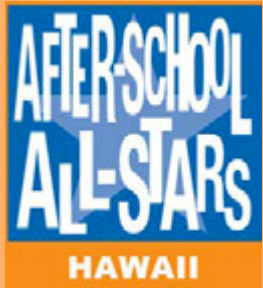


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

STEAM

Konawaena All-Stars apply creativity and problem-solving skills as they design and build a house using basic supplies and materials. Students use concentration and trial and error to test whether their structures can withstand different elements and make improvements along the way.



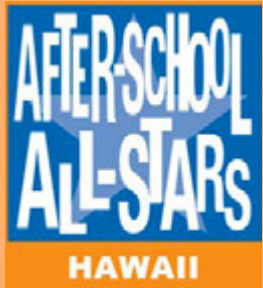


KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

STEAM

Konawaena All-Stars explore STEAM through creative challenges such as building mazes and creating lava lamps. These projects encourage creativity, problem-solving, and collaboration while helping students discover connections between art, science, and basic construction.





KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

COOKING

Konawaena All-Stars develop valuable kitchen skills while preparing dishes such as macaroni and cheese and fried rice. Students practice food safety, food preparation, and following directions while gaining confidence and independence in the kitchen.

