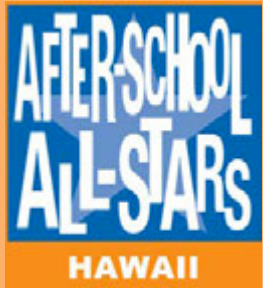


KEAAU MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

BASKETBALL

With the All-Stars Athletic League games beginning in September, Kea'au All-Stars strengthen their skills through focused drills and practice. Students build confidence, coordination, and teamwork as they prepare to put their skills into action during competition.



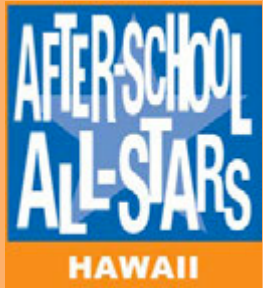


KEAAU MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

BASKETBALL

Kea'au All-Stars take advantage of nice weather to bring their basketball skills outdoors for scrimmages. Through game play, students practice teamwork, communication, and sportsmanship while building confidence on the court.



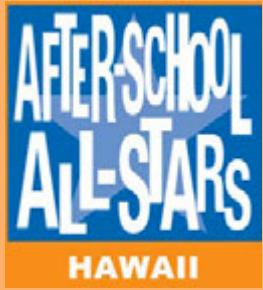


KEAAU MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

FLAG FOOTBALL

Kea'au All-Stars develop their flag football skills by practicing plays and putting coaching tips into action. Students strengthen their communication, teamwork, and understanding of the game as they prepare for competition.



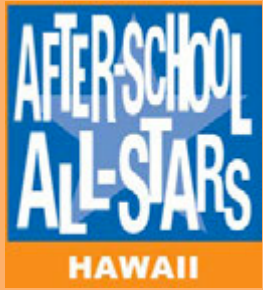


KEAAU MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

VOLLEYBALL

Kea'au All-Stars hone their serving techniques in preparation for the upcoming All-Stars Volleyball League. Through regular practice, students build accuracy, consistency, and confidence on the court.

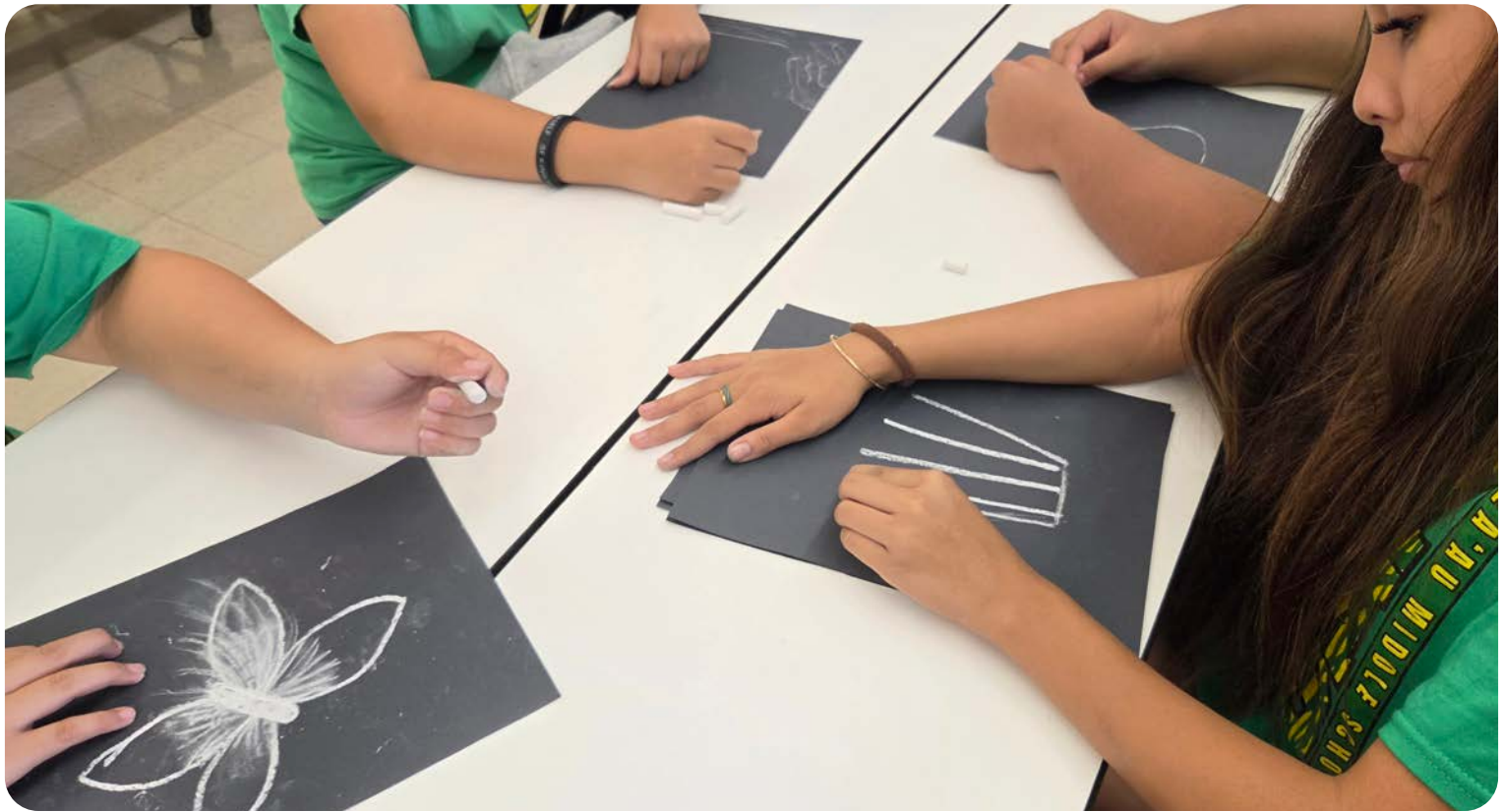


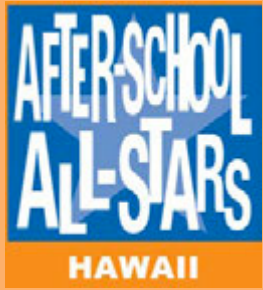


KEAAU MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

ARTS AND CRAFTS

Kea'au All-Stars explore blending techniques in drawing, using chalk and wax crayons. Students experiment with color and texture while developing their artistic skills and creative expression.



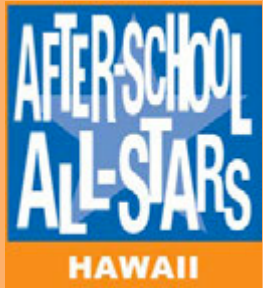


KEAAU MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

ARTS AND CRAFTS

Kea'au All-Stars use their imagination to create unique clay sculptures and bring their creations to life with paint, once they dry. The activity encourages creativity, patience, and pride in their finished work.



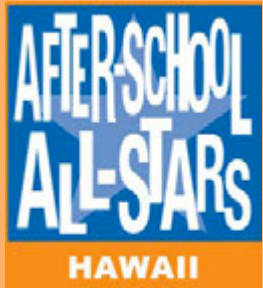


KEAAU MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

COOKING

Kea'au All-Stars step into the kitchen to learn how to prepare spaghetti bolognese from start to finish. Students practice following directions, preparing ingredients, and working through each step while building confidence and independence in the kitchen.



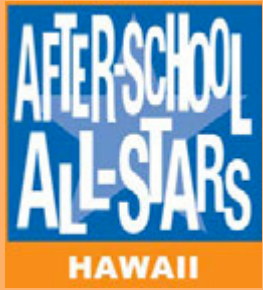


KEAAU MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

STEAM

Kea'au All-Stars explore science by making slime. Students experiment with materials and follow each step of the process while developing curiosity, creativity, and problem-solving skills.





KEAAU MIDDLE

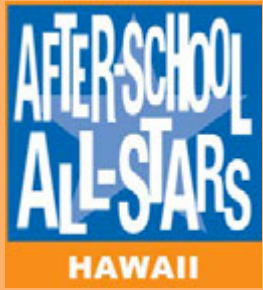
AFTER-SCHOOL ALL-STARS

AUGUST 2026

STEAM

Kea'au All-Stars explore design and creativity by making hand fans to help beat the heat. Students use their ideas to develop functional creations while practicing planning and focus.



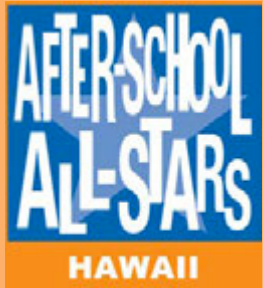


KEAAU MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

STEAM

Kea'au All-Stars begin designing and building popsicle-stick bridges by creating a plan and constructing a sturdy base. Students use engineering to understand load distribution, geometry and forces and stability to turn their ideas into structures.



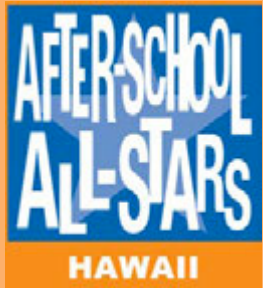


KEAAU MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

ESPORTS

Kea'au All-Stars develop coordination and teamwork skills while playing video games together. Through game play, students practice communication, strategy, and focus while working toward shared goals.



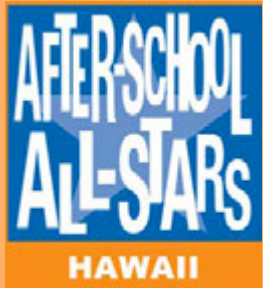


KEAAU MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

HAWAIIAN VALUE OF THE WEEK: LAULIMA

Kea'au All-Stars practice Laulima (teamwork) through a fun hula hoop challenge, working together to move the hoop from one side to the other as quickly as possible. The activity encourages communication, cooperation, and support as students work toward a shared goal.



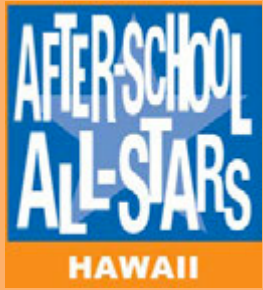


KEAAU MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

HAWAIIAN VALUE OF THE WEEK: HO'OLOHE

Kea'au All-Stars strengthen their Ho'olohe (listening) skills through a fun listening game before beginning their sports activities. Students practice paying attention, following directions, and staying focused as they prepare to work together.



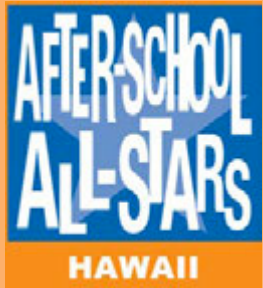


KEAAU MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

OPEN HOUSE

Kea'au Program Leaders welcome middle school families to Open House by sharing information about the program and connecting with families. The event gives students and families an opportunity to learn more about the ASAS experience and the opportunities available after school.



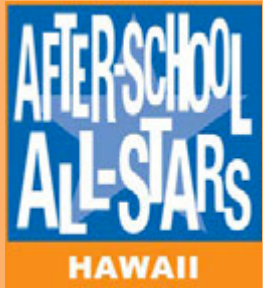


KEAAU MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

HANDS-ONLY CPR

Kea'au All-Stars learn how and when to perform Hands-Only CPR through an instruction and skills assessment. Students develop their knowledge and confidence as they learn how to respond during a cardiac emergency.





KEAAU MIDDLE AFTER-SCHOOL ALL-STARS AUGUST 2026

HANDS-ONLY CPR

After learning the fundamentals of Hands-Only CPR, Kea'au All-Stars put their knowledge into practice using a CPR mannequin. Students practice chest compressions while practicing communication, and the ability to stay focused during an emergency.

