

WAIAKEA INTERMEDIATE AFTER-SCHOOL ALL-STARS

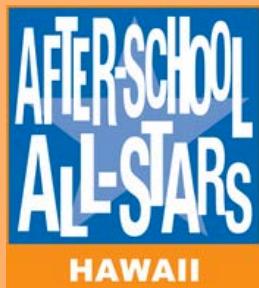
JANUARY 2026

ARTS AND CRAFTS



All-Stars mix shaving cream and food coloring to create puffy paint from scratch. This hands-on creativity builds confidence, experimentation, and problem-solving skills that encourage self-expression.





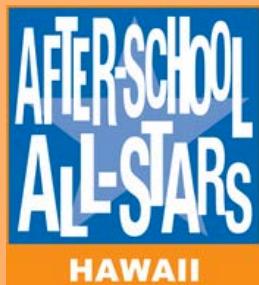
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BASKETBALL



Students practice basketball fundamentals through drills that reflect real game situations. Along the way, these student-athletes build teamwork, discipline, and sportsmanship that support success on and off the court.





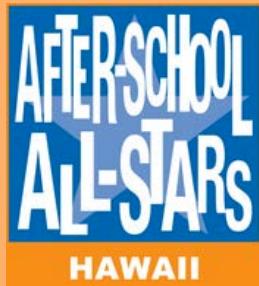
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BASKETBALL



All-Stars begin each practice by setting goals and focusing on process vs. results. This approach helps students develop perseverance, self-reflection, and a growth mindset that carries into school and life.



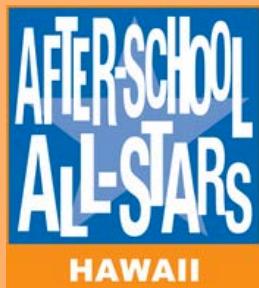


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PAINTING

Students in Painting class explore fire and ice through bold colors and contrast as they paint movement and emotion on canvas. This creative process improves observation, imagination, and confidence in sharing their ideas visually.





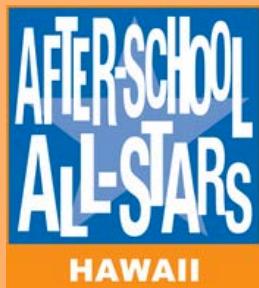
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FOOTBALL



Football students practice running routes with focus and effort as they learn how to respond to different defensive coverages. These activities build discipline, teamwork, and strategic thinking for athletic and personal growth.



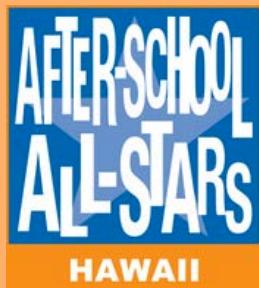


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FOOTBALL

Students apply new techniques in one-on-one play while prioritizing stretching and recovery after practice. They learn the importance of preparation, resilience, and caring for their bodies long term.





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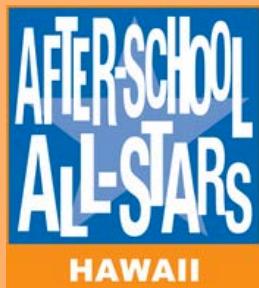
ESPORTS



Esports students work on reaction time and hand-eye coordination through focused gaming drills.

These skills support concentration, quick decision-making, and confidence in a fast-paced digital world.

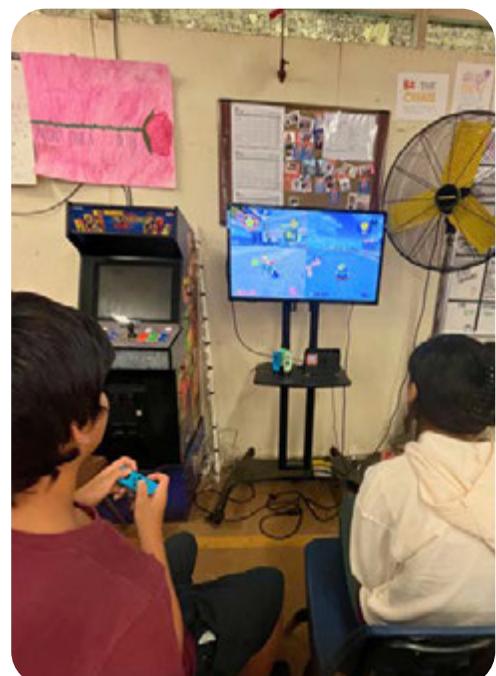


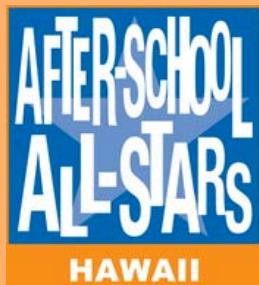


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ESPORTS

Students use their reactive drills to compete in mini tournaments demonstrating their reaction speed in friendly competitions. These experiences promote sportsmanship, confidence, and positive peer connections.



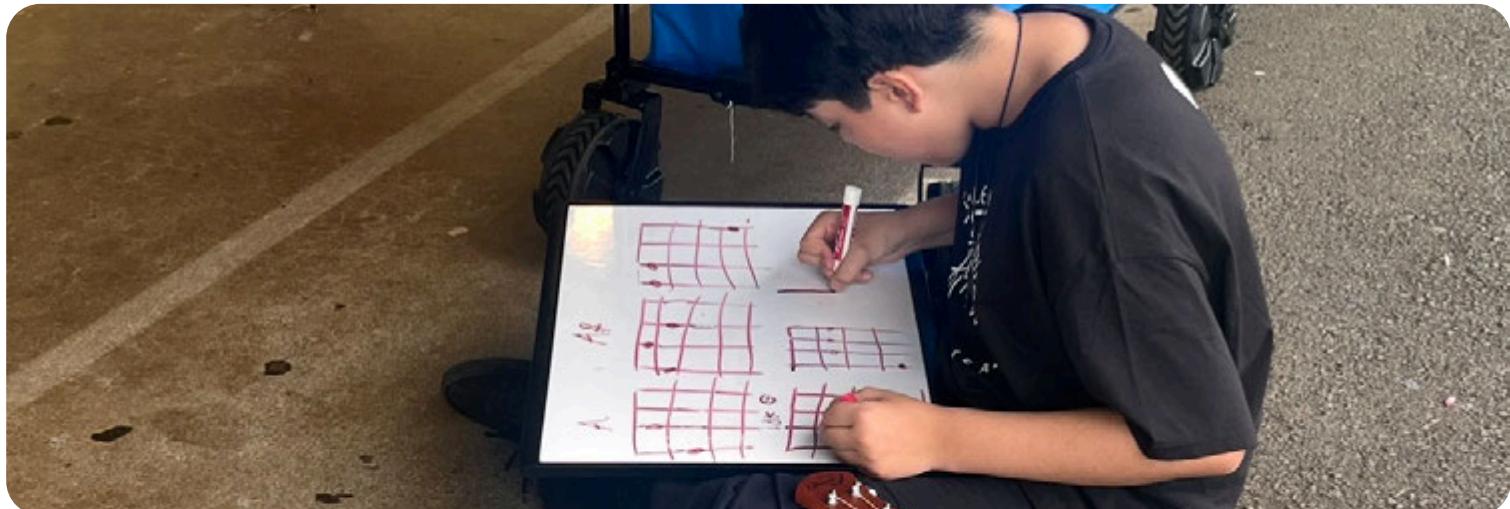


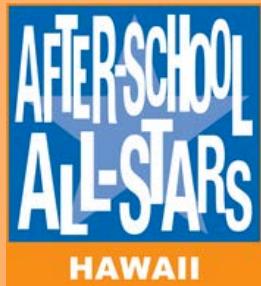
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UKULELE



Ukulele students practice basic strumming techniques while learning to read music one chord at a time. Music instruction builds patience, focus, and confidence as students discover new ways to express themselves.

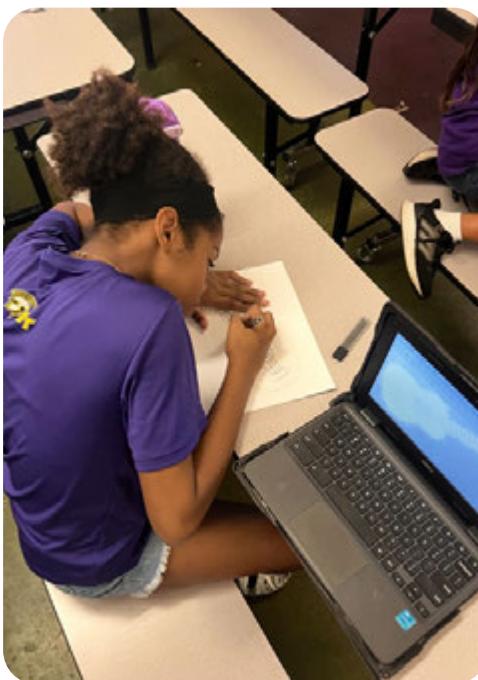
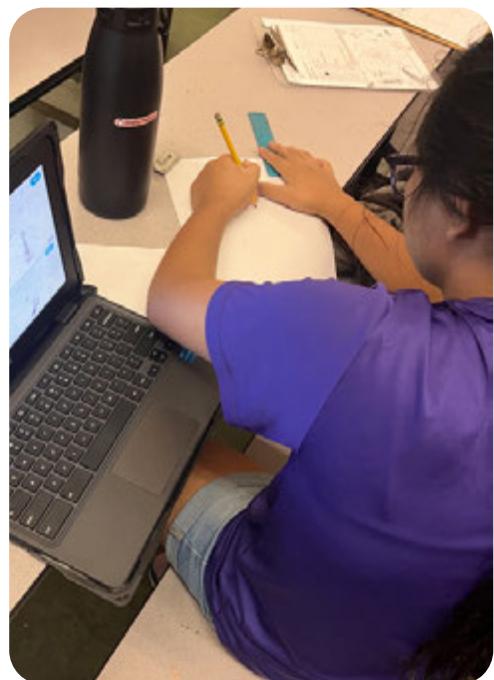
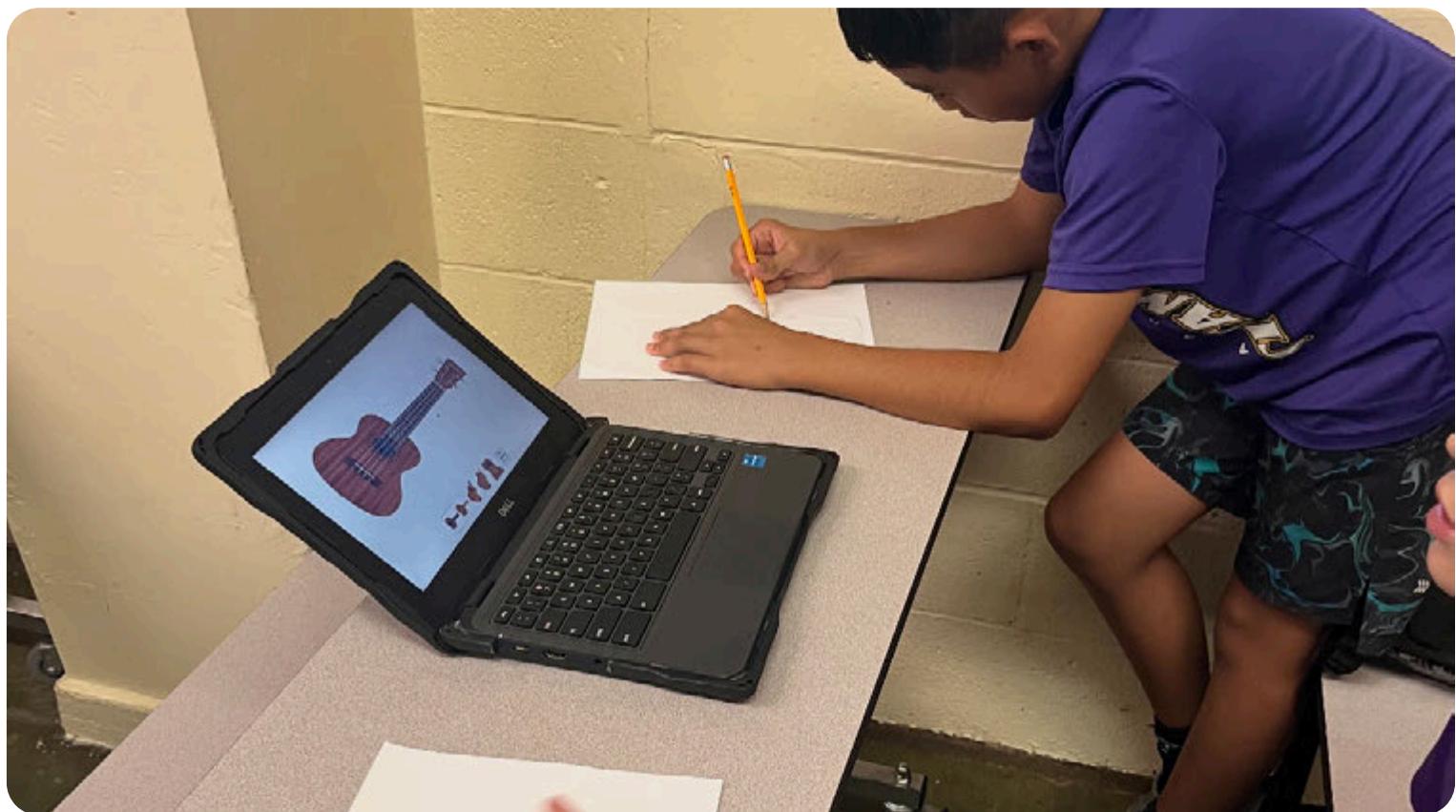


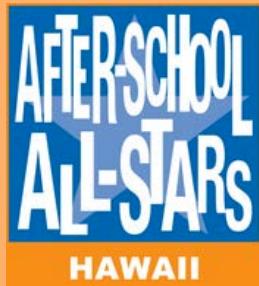


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UKULELE

All-Stars design an ukulele while connecting chord learning with their art. This blended experience encourages creativity and deepens engagement through hands-on learning.



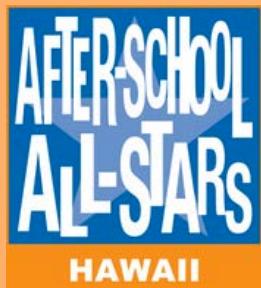


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MAKEUP

Students in Makeup class explore fundamentals of skin prep, color matching, and blending, expressing their individuality and finding their personal style.





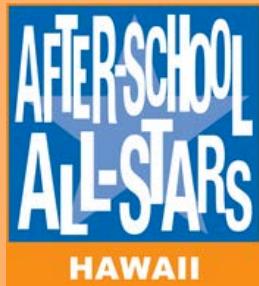
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FIELD GAMES



All-Stars play high-energy games like capture the flag while working together as a team. These activities build speed, agility, communication, and leadership skills that strengthen peer relationships.



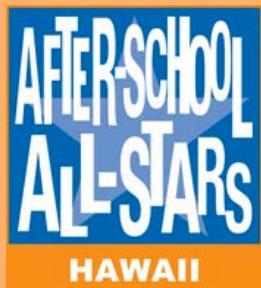


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GARDENING

Students in Gardening class combine art and nature by creating bouquets from plants and incorporating them into drawings. This activity nurtures creativity, mindfulness, and an appreciation for the natural world.



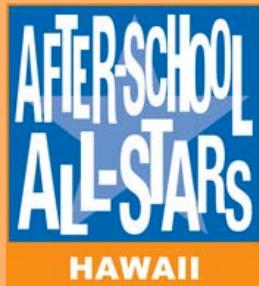


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COOKING

Cooking students work together to bake cookies from scratch, taking on shared roles in the kitchen. Cooking builds communication, patience, and responsibility through real-world collaboration.





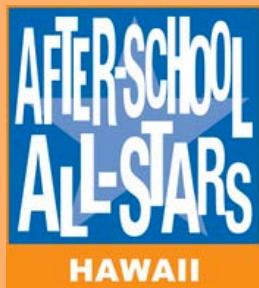
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COOKING

Students practice kitchen safety, proper food handling, and basic cooking techniques as they prepare a variety of delicious recipes.

These essential life skills help students build independence and confidence at home and beyond.





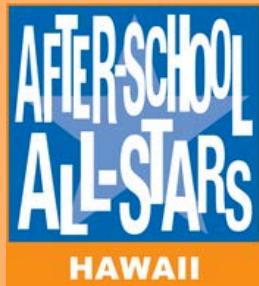
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VOLLEYBALL



Students practice passing, setting, and blocking through daily skill-building drills. The consistent practice builds confidence, coordination, and teamwork.



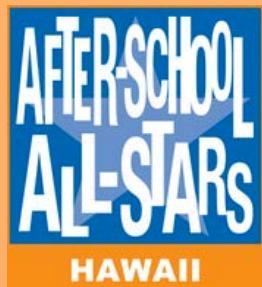


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VOLLEYBALL

All-Stars apply new techniques during friendly scrimmages with their peers. These games strengthen confidence, communication, and positive competition.





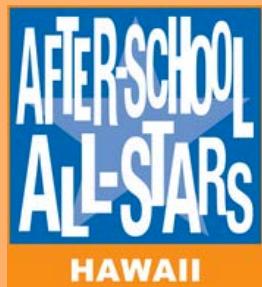
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STEM



Students revisit a favorite experiment by making slime through hands-on exploration. This activity sparks curiosity and reinforces scientific thinking through playful learning.





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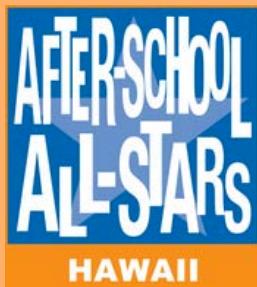
STEM



Students design paper airplanes and test flight times and distances while learning about aerodynamics.

This experiment encourages creativity, critical thinking, and problem-solving skills.





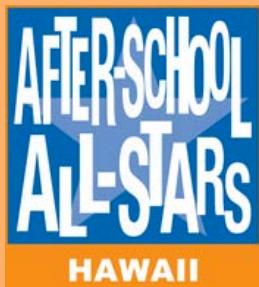
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HANDS-ONLY CPR



All-Stars learn how to stay calm and take action during emergencies through Hands-Only CPR training. This experience builds responsibility and confidence in helping others when it matters most.





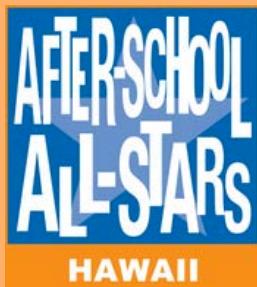
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HANDS-ONLY CPR



Students practice proper compression techniques while learning the steps of lifesaving care. These skills empower students with confidence and the ability to make a real-world impact.





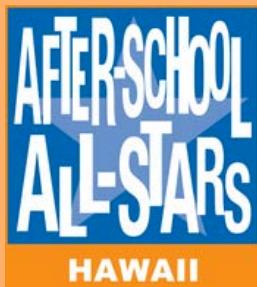
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CAREER EXPLORATION OPPORTUNITIES



All-Stars participate in the CEO curriculum, learning the basics of budgeting, saving, and making smart financial decisions. These lessons help students build financial confidence and prepare for future independence.





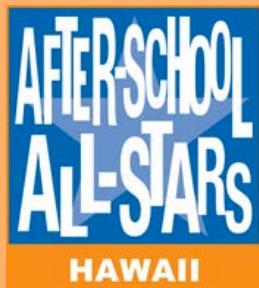
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CAREER EXPLORATION OPPORTUNITIES



Students explore Wants vs. Needs while learning about bank accounts, debit, and credit. This knowledge supports informed decision-making and long-term financial well-being.





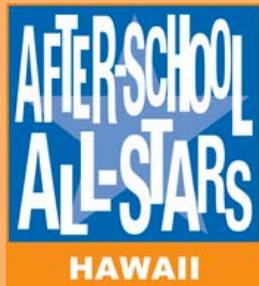
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STAFF TRAINING



Waiakea All-Stars staff prepare for the new quarter reviewing program policies and engaging in goal/team building activities while equipping themselves with classroom management techniques. This preparation ensure students experience safe, supportive, and engaging learning environments.





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YOUTH ADVISORY BOARD

The All-Stars Youth Advisory Board participate in a virtual statewide meeting to collaborate on an upcoming service project. This leadership experience builds communication skills, confidence, and a strong sense of community connection.

