



WASHINGTON MIDDLE AFTER-SCHOOL ALL-STARS JULY 2025

ACTIVITY

Washington All-Stars students worked together in a tarp challenge, where they had to flip the tarp without stepping off. The activity encouraged teamwork, communication, and problem-solving.





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ACTIVITY

Students completed a hula hoop challenge that required them to pass the hoop through every student in a circle as quickly as possible. The activity fostered cooperation and friendly competition as teams vied for the fastest time.





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FIELD TRIP: KUALOA PARK

Washington All-Stars staff and students had the honor of meeting Kumu Auli'i and learning about the mo'olelo (story) of Mokoli'i, the ahupua'a (land division) of Kualoa, and the 'oli (chant) Ke Ao Nani. Learning Hawaiian history connected students more deeply to the land they live on.





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FIELD TRIP: KUALOA PARK

Students also learned how to make kala'au, a traditional hula implement. By tapping guava sticks together, they removed the bark, then smoothed the sticks with sandpaper to prepare them for use.

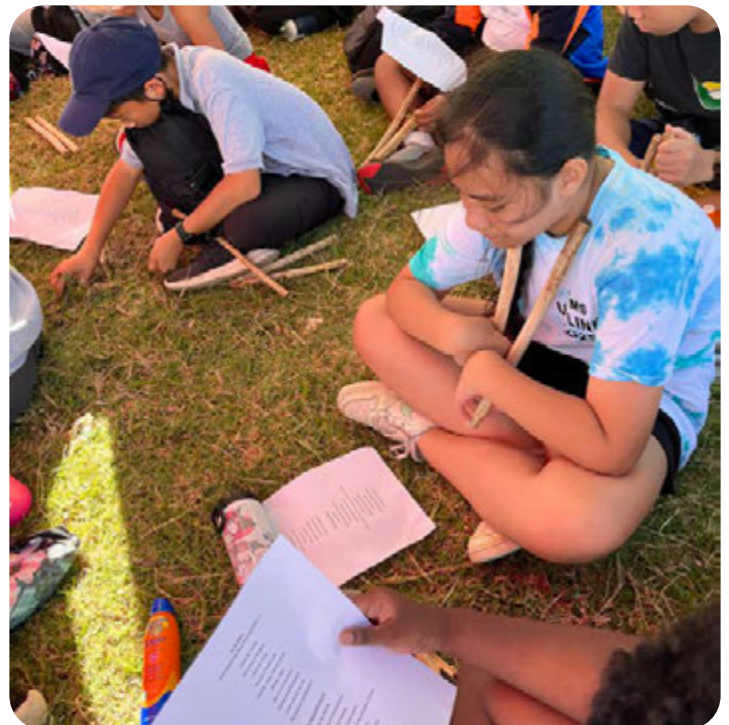




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FIELD TRIP: KUALOA PARK

Once their instruments were ready, students and staff learned the 'oli Ke Ao Nani, which honors the natural world—from the birds in the sky to the fish in the sea—and reminds us that Hawai'i's beauty is for future generations.





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GIRL TALK

In Girl Talk, students decorated picture frames with beads and stickers, giving them a chance to express their individuality and creativity.





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FLAG FOOTBALL

Flag football students strengthened teamwork, communication, and camaraderie while scrimmaging with one another.





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PAINTING

In painting class, students used their imagination to design and paint a dream room in their ideal home with available materials.





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BASKETBALL

Washington All-Stars athletes prepared for the first All-Stars Athletic League season by completing warm-up drills, practicing shooting, and playing scrimmages to strengthen their fitness, communication and teamwork.





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WATER DAY

Students and staff celebrated the end of summer with a Water Day, featuring a dunk tank and water play activities.





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SCHEDULE PICKUP

To prepare for the upcoming school year, Washington All-Stars hosted a booth on Schedule Pickup Day at Washington Middle School. Staff promoted the free program, answered parent questions, and helped families complete forms.





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SUPPORTING STUDENTS & FAMILIES FROM MICRONESIA

ASAS Hawaii staff reflected on the importance of serving a diverse student community. Through the story of Kathlina Martin and her transition from Chuuk to Hawai'i, staff discussed ways to provide belonging and support for students from different backgrounds.

Life at Home in Micronesia & Transition to Hawai'i



Study: Root Causes of Chronic Absenteeism Among Micronesian Students on O'ahu



Health and Illness

73% 37%
parents students
cite child illness as a main challenge

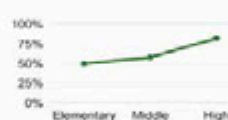
Transportation

58% 78%
parents students
peaks in middle school

Family Emergency and Instability

immigration status,
housing instability,
health crises,
cultural obligations

Academic Overwhelm





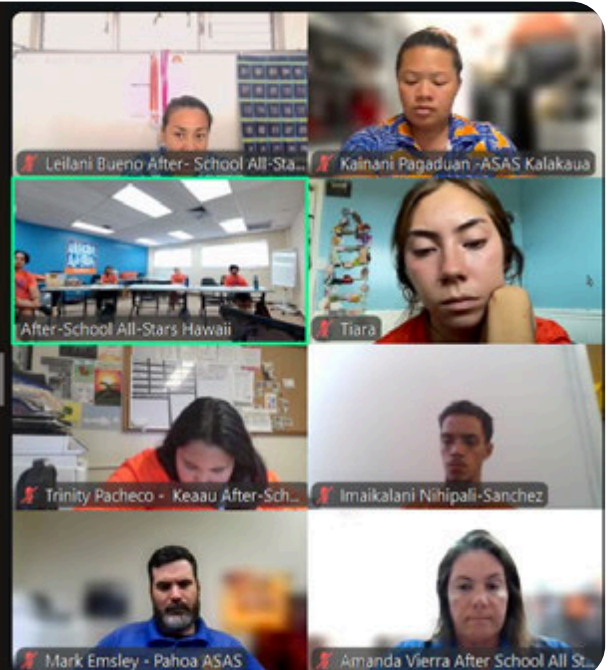
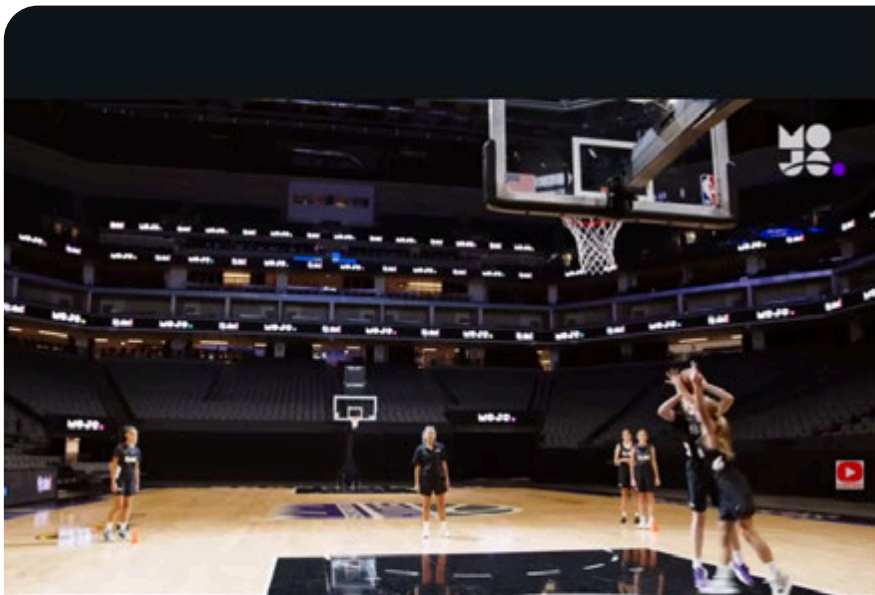
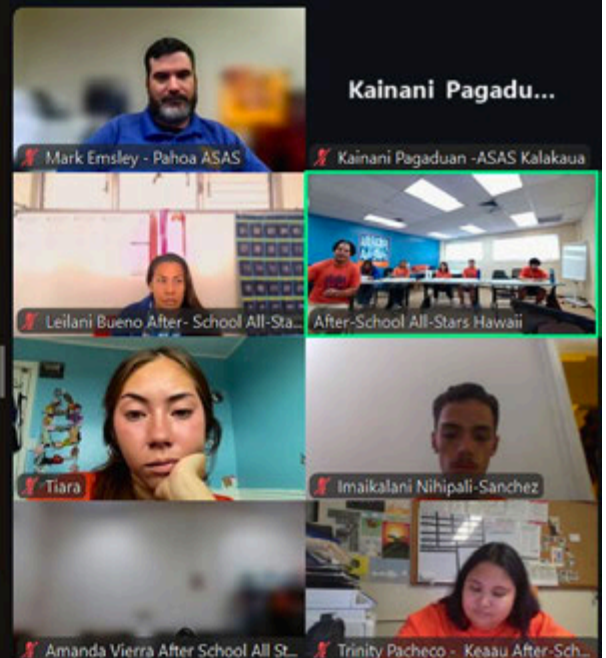
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BASKETBALL CLINIC

Washington All-Stars basketball coaches joined a training clinic to better understand expectations and prepare for the upcoming ASAL basketball season.

STUDENT EXPECTATIONS

- **80% attendance in program AND practice**
- **Signed Student-Athlete agreement form**
- **AT LEAST 2.0 GPA (C-grade average), NO F GRADES!**
- **Completed HCAMP training and SURVEY**
- **Completed grade checks returned to coach/SC**
- **FTR forms SIGNED and returned to coach/SC**
- **Practice with close toed shoes**
- **NO behavior write-ups**
- **GREAT ATTITUDE AND EFFORT EVERYDAY**
- **CREATE A SAFE, FUN, ENCOURAGING, ENVIRONMENT**

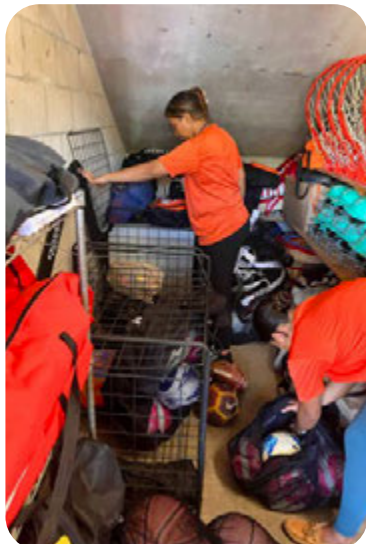
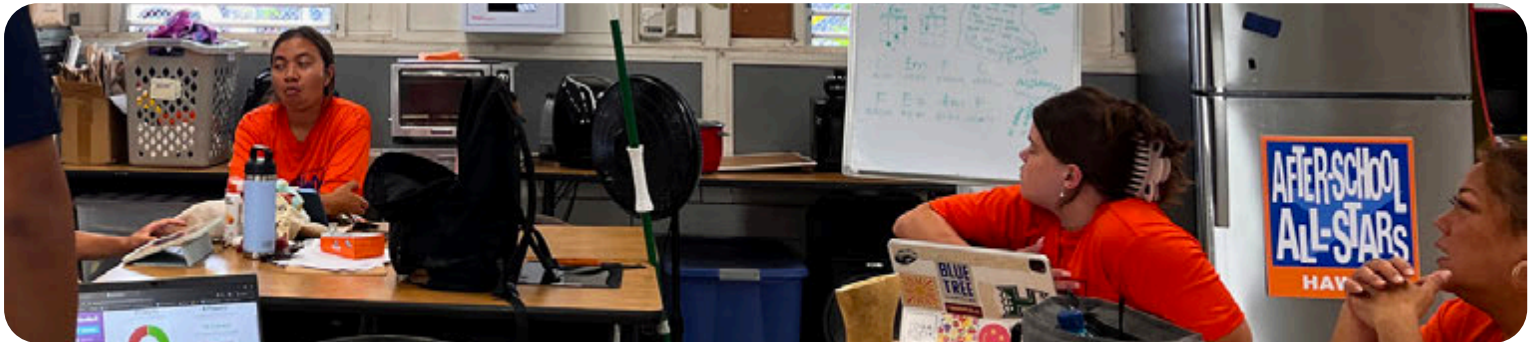




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STAFF TRAINING

Staff prepared classrooms and organized supplies—including sports equipment, jerseys, and cooking materials—while reviewing policies and procedures to ensure a smooth start to the school year.





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STAFF RETREAT

Site Coordinators and Program Specialists from O'ahu and Hawai'i Island participated in a two-day training with experts. Staff strengthened communication and teamwork through activities that can also be used with students in the new school year.





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STAFF RETREAT

Staff also had the privilege of learning from Kumu Auli'i how to prepare and mālama an ipu heke 'ole, a traditional hula implement. The process included selecting a gourd, washing it in the ocean, sanding, cutting the top, and cleaning out seeds inside.

