



## KONAWAENA MIDDLE AFTER-SCHOOL ALL-STARS JULY 2025

### E-SPORTS

After-School All-Stars provides opportunity for students to participate in e-Sports where they can learn strategy and teamwork.







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## WARM-UP

Students learn the importance of warming-up their muscles before participating in sports. High knee and Zombie kicks do the trick.







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## SOCCKER

Teamwork and communication allow athletes to score goals using ball control and footwork.







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## VOLLEYBALL



All-Stars practice on the court familiarizing themselves with positions.

Serving is the first part of scoring. Athletes hope to control their bumps, to set up a spike.







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## ARCHERY

Archers take the line. They must be calm, steady, and set, in order to hit the target. Students practice their breathing for the release.







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## STEM-FREESTYLE



On Freestyle days, students have the opportunity to try new sports and activities that may not be offered during regular program.







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## BASKETBALL

All-Stars move across the court dribbling, passing the ball to teammates, hoping to score a basket.







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## SPORTS SHOWDOWN

After-School All-Stars were able to meet and play against other students from programs across the island. Sports Showdown introduces them to new sports and helps them learn the game while building athletic skills.







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## SPORTS SHOWDOWN

Sportsdown provided All-Stars with friendly competitive scrimmages in sports such as volleyball, basketball, archery and soccer. Students and families also enjoyed the fun inflatables.







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## SUPPORTING STUDENTS & FAMILIES FROM MICRONESIA

ASAS Hawaii staff reflected on the importance of serving a diverse student community. Through the story of Kathlina Martin and her transition from Chuuk to Hawai'i, staff discussed ways to provide belonging and support for students from different backgrounds.

### Life at Home in Micronesia & Transition to Hawai'i



### Study: Root Causes of Chronic Absenteeism Among Micronesian Students on O'ahu



#### Health and Illness

73% 37%  
parents students  
cite child illness as a main challenge

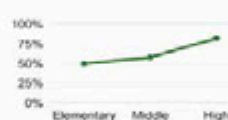
#### Transportation

58% 78%  
parents students  
peaks in middle school

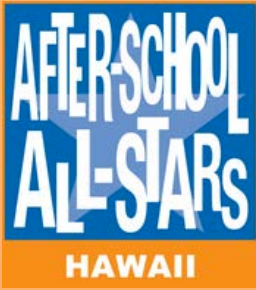
#### Family Emergency and Instability

immigration status, housing instability, health crises, cultural obligations

#### Academic Overwhelm







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## AFTER-SCHOOL ALL-STARS STAFF RETREAT



Staff participated in a two-day training and retreat. On the first day, they engaged in team-building games, worked with Kumu Auli'i to make ipu for the upcoming gala performance, and on the second day they discussed important topics like classroom management.

