

KONAWAENA AFTER-SCHOOL ALL-STARS JUNE 2025

ASAS WELCOMES STUDENTS



On the first day of summer program, All-Stars get to know one another and learn the rules and expectations.

ASAS offers a variety of experiences and students get to choose their classes based on their interests.

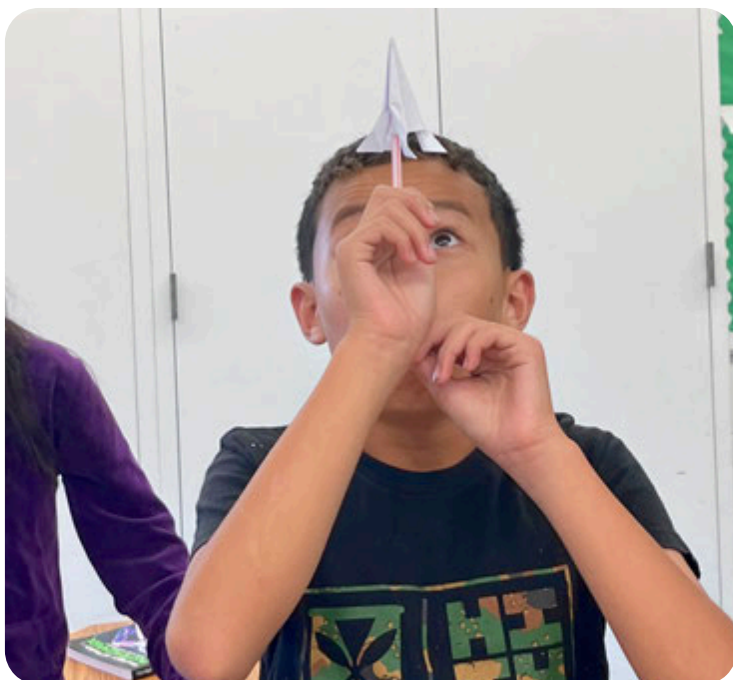




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STEM ROCKET LAUNCHERS

Students learn about thrust, and engineer their own origami paper rockets. They learn that air from the lungs helped astronauts overcome gravity, and how thrust launched rockets into flight.





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ARCHERY



"Archers to the line" is how All-Stars begin. In archery, students build confidence, strength, focus, and skill, one arrow at a time. Safety and sportsmanship are always part of the lesson.





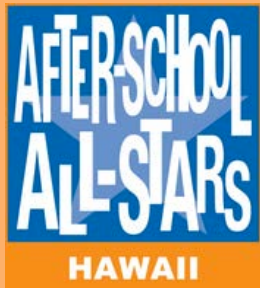
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CREATIVE ART

“Be yourself because an original is always worth more than a copy” by Suzy Kassem.

Students express themselves through art, embracing their uniqueness and sharing their experiences.





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FLAG FOOTBALL

Using speed and agility, students work to move past defenders with hopes of scoring a touchdown. Passing, running, and strategic thinking are all part of flag football.

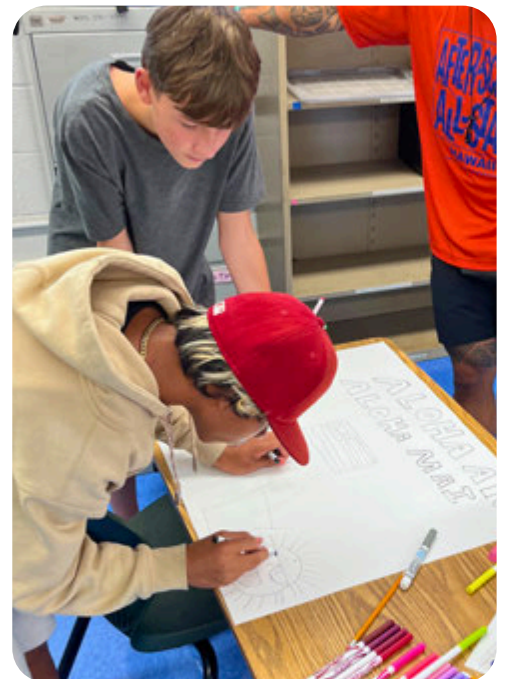
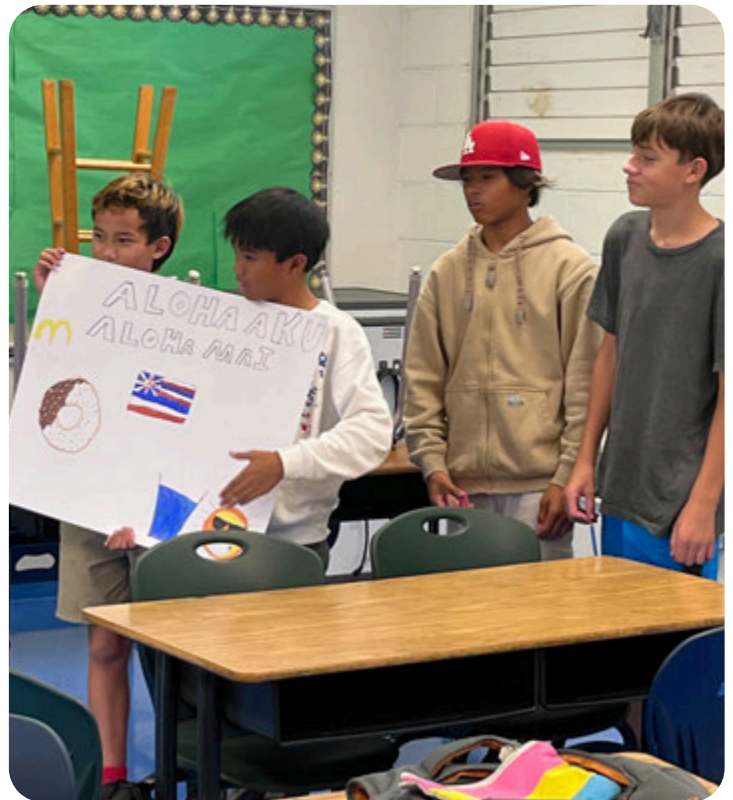




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HAWAIIAN VALUE OF THE WEEK

Aloha aku, aloha mai. Give kindness, receive kindness.
Each group created a visual interpretation of what this phrase means and shared their thoughts with others.

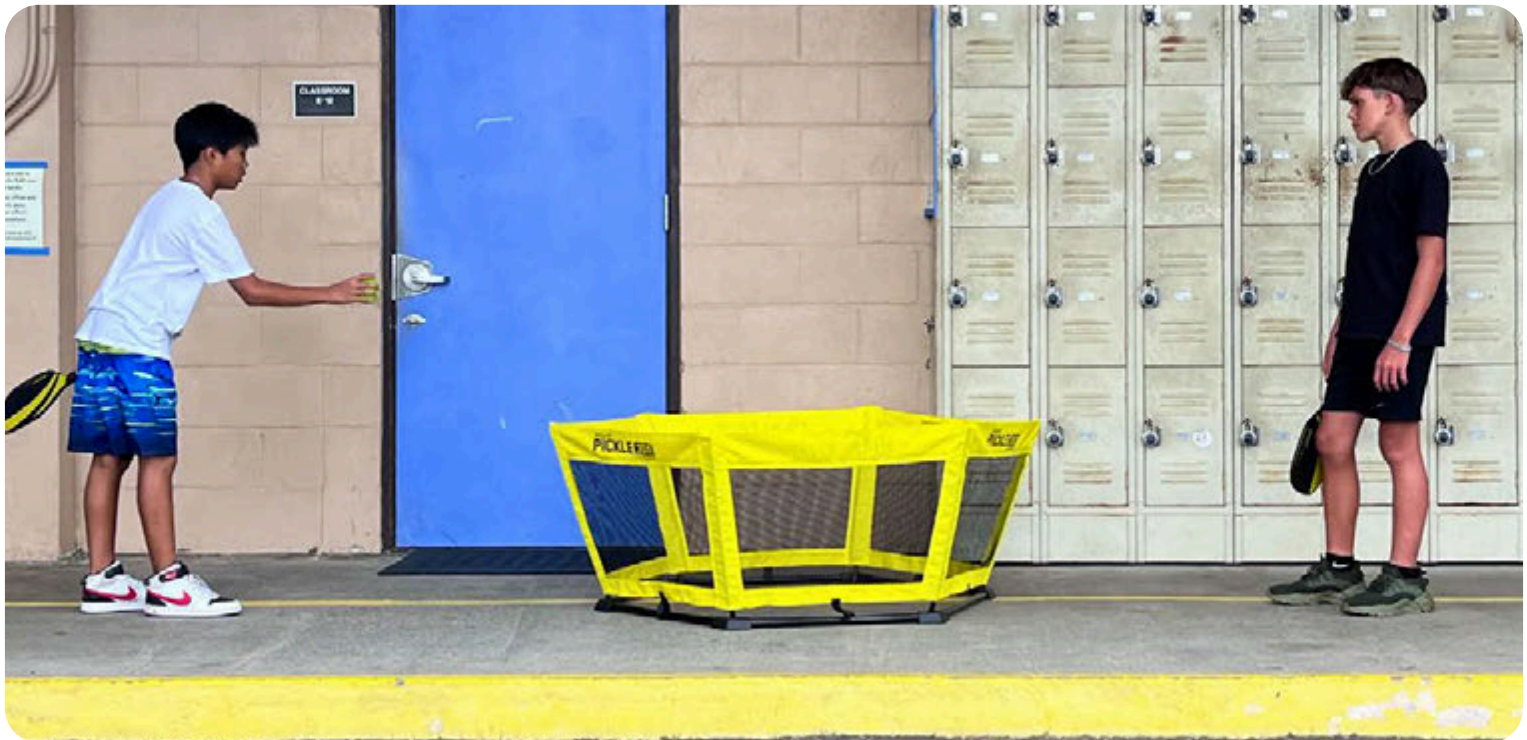




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PICKLEBALL

Pickleball was a new addition to the program this summer. All-Stars practice their paddle skills and learned the basics of the game “Stay out of the Kitchen.” Students had lot of fun learning something new.





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SOCCKER

Every sport starts with a proper warm-up so students can practice safely. Fancy footwork is the key, and drills help students to stay quick, balanced, and in control of the ball.





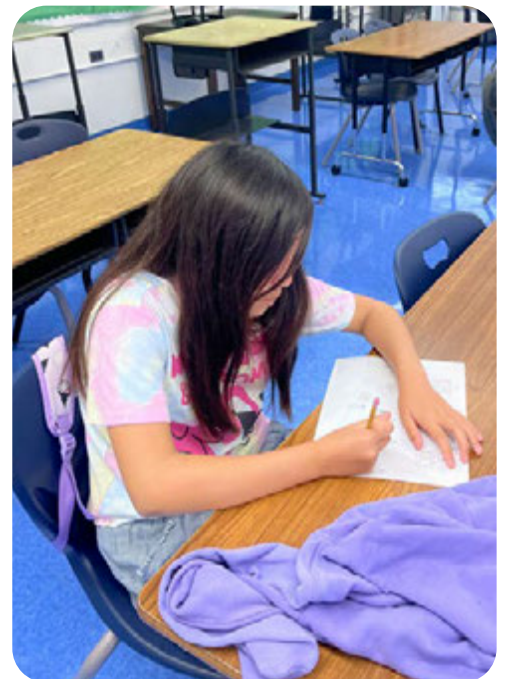
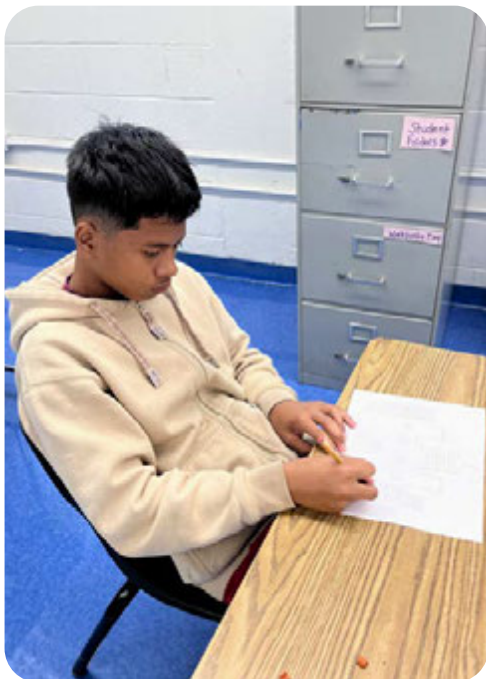
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HAWAIIAN VALUE OF THE WEEK - HO'OLOHE - LISTEN

Ho'olohe or listening is the key to learning and communication.

All-Stars completed a lesson called "The Last Word" where success was based on how well students listened to the person who spoke before them.

They also participated in guided imagery, where students created drawings inspired by the vivid descriptions they imagined in their minds.





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VOLLEYBALL

Bump, Set, Spike is the goal.
Students learn the fundamentals first so they can build their
skills with confidence.





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SOFTBALL

In batting practice, All-Stars focus on their grip, swing level, and follow-through.

The catcher makes the call, the pitcher delivers a fastball, and students learn to predict or react at the plate.





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STEAM-Water Powered Cars

All-Stars constructed water-powered cars while learning about simple machines, potential energy, and kinetic energy. Students' "fuel" flowed over a turbine to make the cars move.

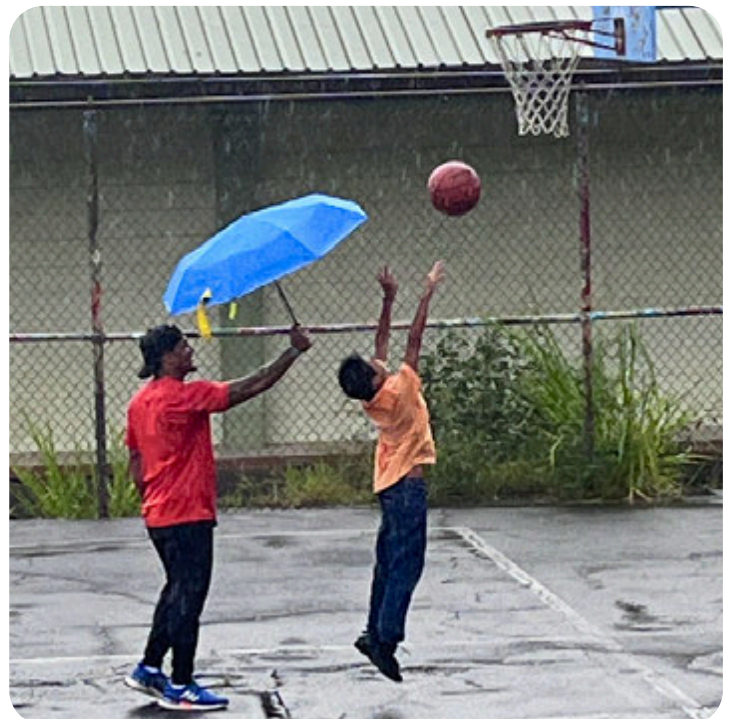




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BASKETBALL

The rain does not stop students.
Students continue to work on dribbling, passing, shooting, and
footwork regardless of the weather.
ASAS coaches are dedicated to the program and supporting
every student.





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STEAM-SLIME TIME

All-Stars explored polymers and created chemical reactions by mixing materials. Students also learned about non-Newtonian fluids and how their viscosity changes depending on the force applied.





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ALL-STARS LOVE PROGRAM

Students learned a lot in program and enjoyed every moment. Sometimes they simply had fun and felt free to be silly in a safe space where they are accepted for who they are.

