



2023-24 Program Highlights

January 2024

Site	<input type="checkbox"/> Jarrett	<input type="checkbox"/> Kalākaua	<input checked="" type="checkbox"/> Kea'au	<input type="checkbox"/> Ke'elikōlani	<input type="checkbox"/> King	<input type="checkbox"/> Nānākuli
	<input type="checkbox"/> Pāhoa	<input type="checkbox"/> Waiākea	<input type="checkbox"/> Waialua	<input type="checkbox"/> Wai'anae	<input type="checkbox"/> Washington	

BASKETBALL

Coach Neth's *Basketball* class has been working hard on their drills and scrimmage on the inside and outside courts. These All-Stars are dedicated to basketball, however will help their other All-Stars in Flag Football prepare for their games by having freestyle scrimmage games on Fridays. These ballers show off their teamwork and sportsmanship.





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FLAG FOOTBALL

The All-Stars in Coach Curtis's *Flag Football* class have been preparing all school year for their chance to play in the All-Stars Athletic League for Flag Football. They have been working each class on their drills, teamwork, sportsmanship and leadership. These footballers know how to work together and bring the fun.





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VOLLEYBALL



Coach Davelyn's *Volleyball* class continue to work on their drills and skills. 8th graders prepare for High School Volleyball, while the All-Stars returning next year are excited about their chance to play another year in the All-Star League





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SOFTBALL



Batter up! Swing, Batter, Swing! The All-Stars in Coach Mika's *Softball* class eagerly work on their throwing, catching, hitting and running as they prepare for their time in the All-Stars Athletic League in the Spring. They have been working hard on their drills and their game performance, including sportsmanship on and off the field. We cannot wait to see what they bring in the Spring!



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CREATIVE ART

For the beautiful weather we had this January, Ms. Ting's *Creative Art* class took class outside and used nature as their inspiration. With the world around them as their inspiration, the students worked on art works involving trees, flowers, water, animals and other elements in nature. These students enjoyed getting out of the classroom and using their school grounds as their classroom.



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DRAWING

It all starts with an inspiration, a line and then a sketch. Ms. Zay has begun going over the elements of basic sketching with the All-Stars in her *Drawing* class. From choosing a sketch to draw, to helping the students learn exactly how they should hold their pencil, Ms. Zay has opened up a new world for these students as they begin to see everything around them as artwork they can draw. With a pencil in hand, these All-Stars will always spark creativity.



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COOKING

With this beautiful January weather, the students in Ms. Ting's *Cooking* class worked less over the stoves and became more creative with their cooking. From learning to make their own cool treats such as making double flavor Jell-O molds and even some candied fruit, these All-Stars now have new and simple treat recipes to take home and share with others.





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ASAL FLAG FOOTBALL



The Flag Football class has been working all school year to have their skills ready for *All-Stars Athletic League Flag Football*. Their hard work paid off in January when they played and won a very close game against other All-Stars. With three more games in February and March, these All-Stars are shining bright.



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STAFF TRAINING

The Program Leaders at Keaau spend time each quarter trying out each others classes before they begin teaching them to the students. These leaders can do more than teach their class because they can also do the activities that they teach. While supporting each other, they bring fun, creativity, and teamwork into the program.





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STAFF TRAININGS



After-School All-Stars Hawaii Site Coordinators and Program team spent some quality time at some recent training.

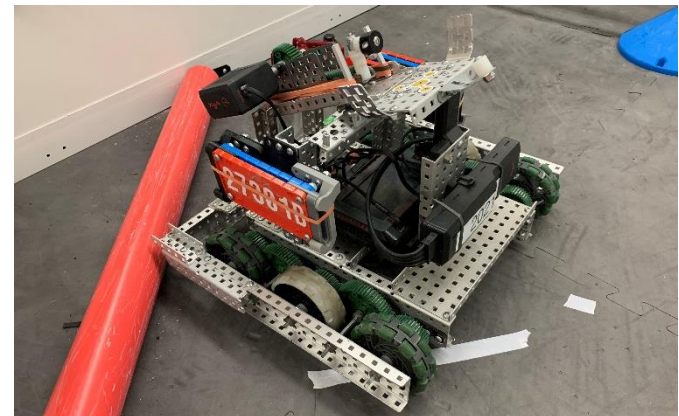
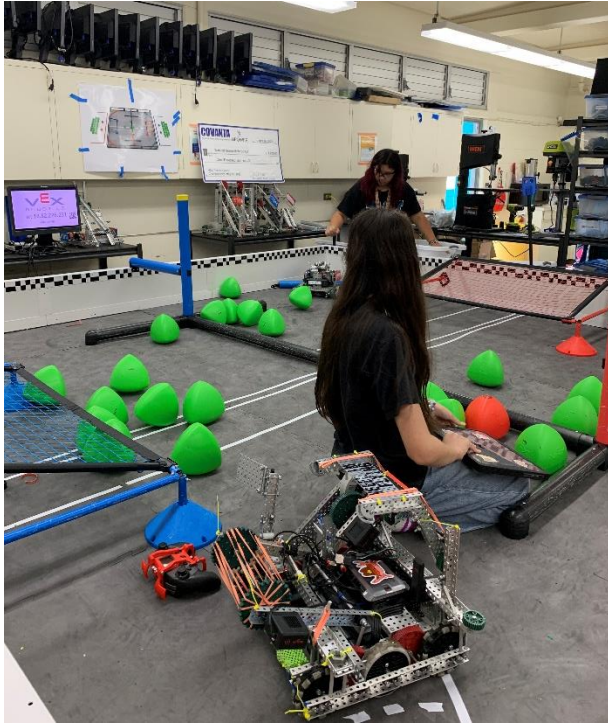
Positive Coaching Alliance provided some great advice in relation to coaching our students and also, now the Site Coordinators are well on their way to being black belts in the art of "Tongue Fu".



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OTHER HIGHLIGHTS



How cool is it to check out other programs. VERY COOL!

We were so lucky to see Waianae's program is action!.