



2023-24 Program Highlights

February 2024

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	<input type="checkbox"/> Nānākuli	<input type="checkbox"/> Pāhoa	<input type="checkbox"/> Waiākea	<input type="checkbox"/> Waialua	<input type="checkbox"/> Waiʻanae	<input type="checkbox"/> Washington

CLASSES



Flag Football season is coming to an end. But that doesn't mean that we let up on practice. We practice as much as we can to get those skills and drills on lock.

Go Cougars! We know you can do it.

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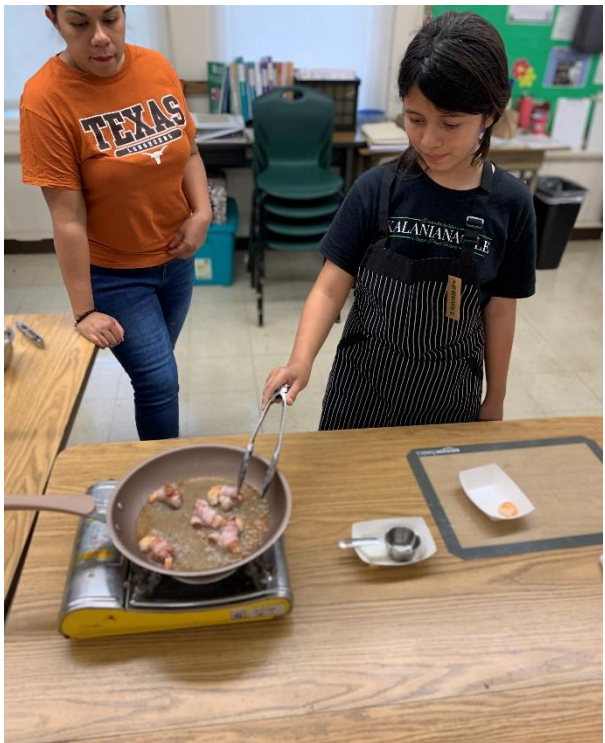
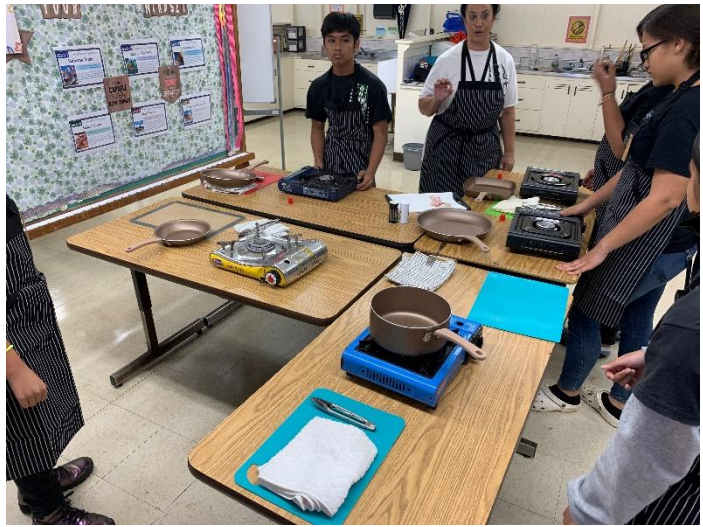
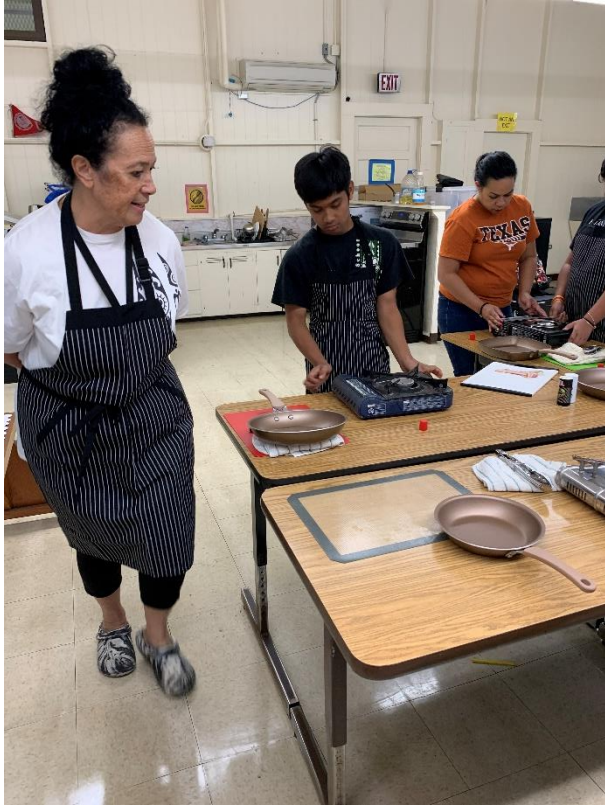
CLASSES



Cheerleading is something we are super proud of here at Kalaniana'ole All-Stars. Our cheer squad practices non-stop, coming up with new cheers and working on choreography. We are proud to have the only All-Stars cheer program on the island and we're hoping to set the example for more squads to come.

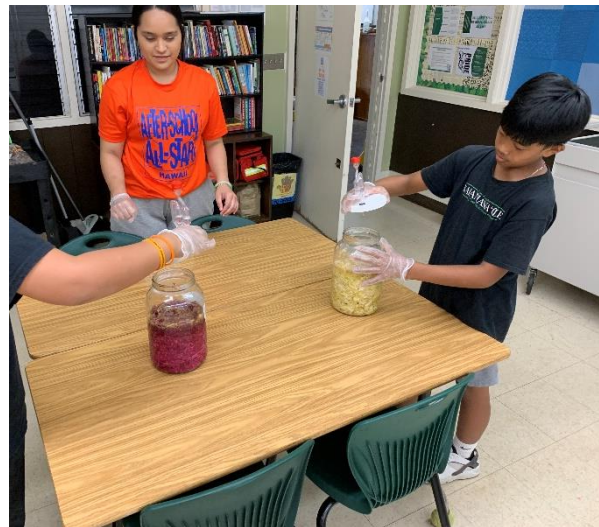
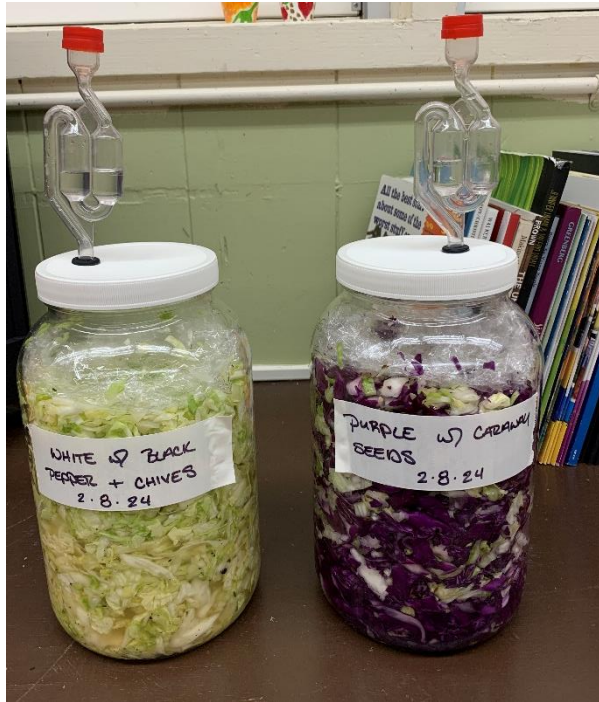
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Our Culinary Arts program is really heating up this quarter. Not only are our All-Stars trying new and more complex recipes and techniques, but we've also added a new instructor to mix. We would like to welcome Ms. Fong and thank her for adding a new dynamic to our already amazing staff. Our all-Stars are not only becoming more independent in the kitchen but also very creative.

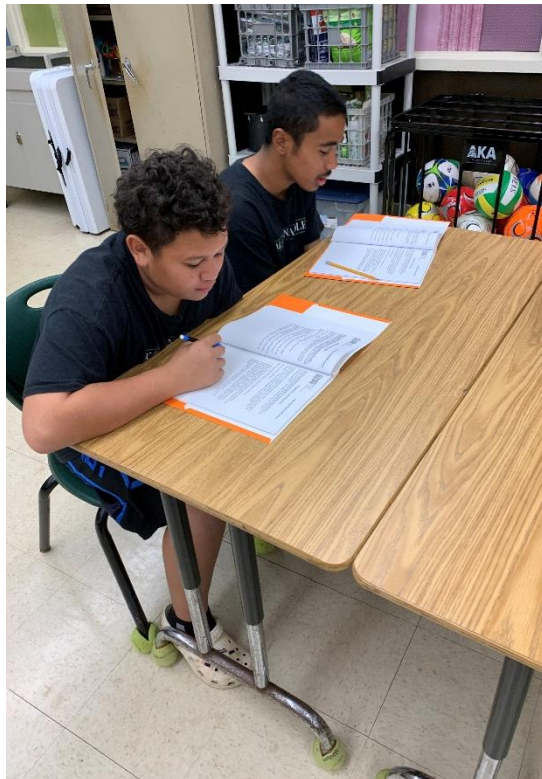
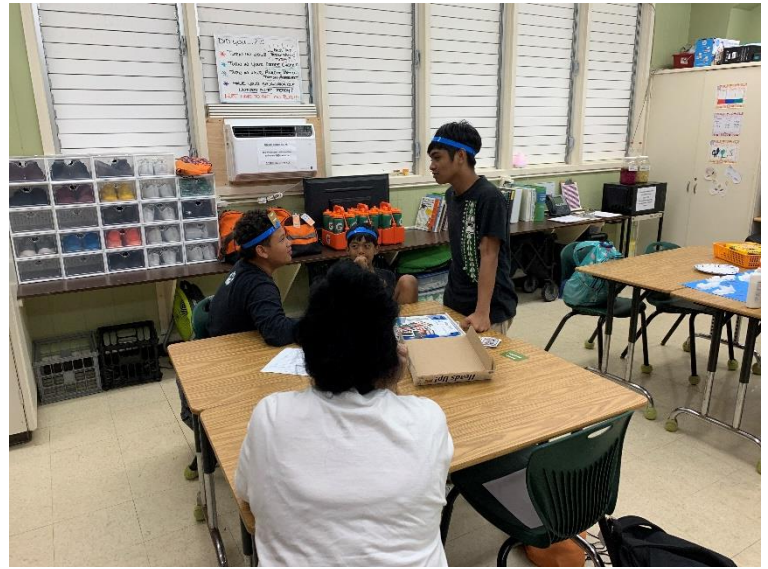
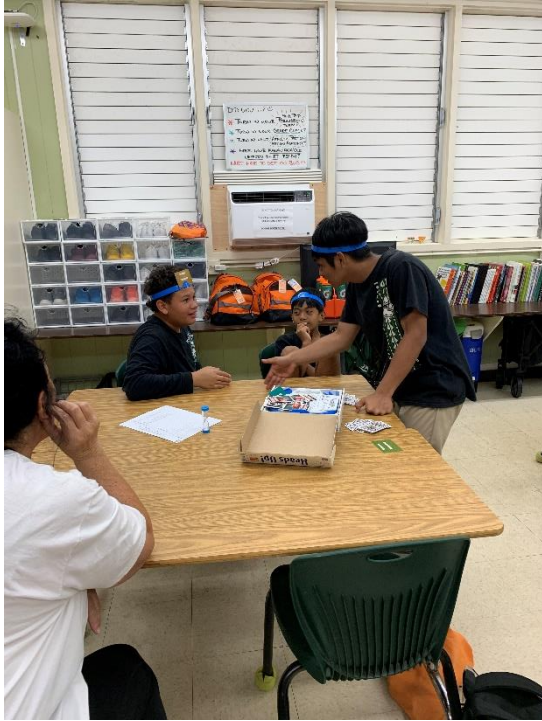
CLASSES



Sprouts is all about fun in the garden and the cool things we can do with veggies. We are currently making sauerkraut and it's ALIVE! Not just yummy and easy to make but also healthy and good for you.

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Homework/Power Hour is a very important part of our day. Our All-Stars get to chill out and center themselves from a hard day at school and either finish up homework, study, or do fun academic games to expand their vocabulary and math skills.

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Mixed Sports is always in the mix, and is an All-Star favorite. Not only can we get in extra football and cheer practice, but it's always a good idea to keep our conditioning up. Outside fun time is always a high point of the day, especially with the weather being so nice lately.

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FIELD TRIPS



Our second game at Waiakea Intermediate was super fun. It's always a good time when all our All-Stars are able to get together for a bit of friendly competition.

Mahalo to our Waiakea ohana, it was a fun filled Saturday.



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It's Homecoming at Kalaniana'ole.

Our third flag football game was fun filled as always, and this time we were super excited to host.

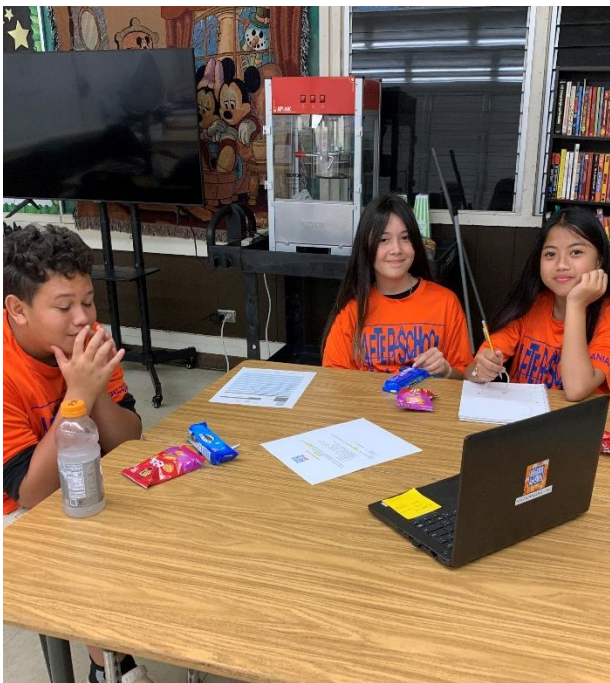
Mahalos to all the Big Island All-Stars for coming out.



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YOUTH ADVISORY BOARD



Our monthly YAB meeting is always a treat. It's our Youth Advisory Board's time to say ALOHA to all of the other YABs on Oahu and the Big Island.

Our YAB's are hard at work planning Q4 events and becoming tomorrow's leaders.

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SERVICE LEARNING PROJECT – LIFE SERVICE ACTION



“People are Treasures NOT Trash” was this month’s Life Service Action project.

Our All-Stars are committed to anti-bullying and keeping our schools safe, welcoming and friendly places of learning.

STEM



Our STEM project was Elephant Toothpaste. Was it a success? Maybe? But that's science. Sometimes an experiment needs a 'Take 2'. We tried instant yeast, dish soap and hydrogen peroxide and it was okay...but maybe we can try again with different ingredients.

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OTHER HIGHLIGHTS



Have we ever introduced our resident “Lady Lawnmowers”? Kalaniana’ole has goats and they are awesome helpers in our All-Star garden.