

September 2023

| Site | □ Jarrett | □ Kalākaua | ⊠ Kea'au | ☐ Ke'elikōlani | ☐ King | □ Nānākuli |
|------|-----------|------------|-----------|----------------|-------------|------------|
| | □ Pāhoa | □ Waiākea | □ Waialua | ☐ Wai'anae | ☐ Washingto | n |

CREATIVE ART









Ms. Ting's *Creative Art* class has been working on their blending of colors on landscapes and other paintings from nature. All the hard work and effort these All-Stars put into their paintings shows in the array of colors they use





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BASKETBALL







Basketball with Coach Neth has been gearing up to take part in the basketball All-Star Athletic League coming up in the next quarter. These students have been working hard on their drills and learning how to pass and work together as a team.









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PYLON FOOTBALL











Pylon Football with Coach
Curtis worked hard on their
drills and played harder during
their scrimmage games twice a
week. These All-Stars worked
on their footwork, their
throwing, catching and learned
to work together as team.



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SOCCER



Coach Mika's Soccer Class has been working hard on their drills. They have been learning their passing and kicking techniques. They have spent a lot of time practicing dribbling the soccer ball up and down the field. Towards the end of class, they work in a quick scrimmage game to put the skills they have learned to work.













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Volleyball









Volleyball with Coach Davelyn worked hard this quarter to practice for the All Stars Athletic League games. The team worked hard on their drills and learned the importance of teamwork and leadership both on and off the court.







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Softball





The All-Star athletes in Coach Mika's *Softball* class learned a lot about the basics of softball during the month of September. The athletes worked on their throwing and catching, as well as learning the rules and running drills each day. They also learned safety tips before practicing their favorite part, stepping up to the plate and giving their best swing.







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ASAL Volleyball















The ASAL Volleyball athletes worked hard all quarter to bring their best selves to each of the games. These athletes put in great effort, showed sportsmanship with their fellow athletes, and put their hearts into friendly competition.



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Vape Prevention



All-Stars who attended program during the month of September, attended three lessons in *Vape Prevention*. These All-Stars learned the effects of smoking and vaping and how to take care of their self and their body. They were given options to choose rather than choosing to vape and became committed to being vape-free.











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HCAMP Training







The athletes from both Basketball and Volleyball activities participated in a HCAMP training event in which they learned what to do if they suspect they or one of their teammates has a concussion.





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YOUTH ADVISORY BOARD

Youth Advisory Board students are highlighted during their virtual meetings. Students enjoyed meeting each other during orientation, playing games, sharing ideas and being a part of a group that helps to make All-Stars a great place to be. Students discuss the upcoming service projects they will be leading each meeting. Great work YABBIES.



