



## 2023-24 Program Highlights

# August 2023

Site	<input type="checkbox"/> Jarrett	<input type="checkbox"/> Kalākaua	<input checked="" type="checkbox"/> Kea'au	<input type="checkbox"/> Ke'elikōlani	<input type="checkbox"/> King	<input type="checkbox"/> Nānākuli
	<input type="checkbox"/> Pāhoa	<input type="checkbox"/> Waiākea	<input type="checkbox"/> Waialua	<input type="checkbox"/> Wai'anae	<input type="checkbox"/> Washington	

### Cooking



Ms. Tings *Cooking* class has turned up the heat on some cooking basics this month. From learning how to measure, use the kitchen equipment and proper kitchen safety, these All-Stars are ready to start making some homemade meals which include musubi, scrambled eggs and pancakes.





Multi-Sports



Coach Curtis's *Multi-Sports* class has been applying the basics of baseball to the game of kickball. The All-Stars have been working on their kicks, catches and pitching, along with learning about teamwork and leadership.





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### Creative Art



Ms. Ting's *Creative Art* class takes creativity to a whole new level. These All-Stars have been working on their painting, practicing how to blend their colors. They even learn how to take any incorrect stroke from the paint brush and make it blend with their painting. These All-Stars are opening their minds to new levels of creativity.







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#### Basketball



Coach Neth and Ms. Shayla's *Basketball* classes have been working hard and playing harder. After daily warm ups and drills, these All-Stars play lively scrimmage games where the main goals are teamwork and fun.





Volleyball



Ms. Davelyn's *Volleyball* has been practicing hard each day for the upcoming All-Star Athletic League games. After doing drills and warm ups, they practice plays, positioning and proper hitting techniques. At the end of each class, the Blue team plays against the Orange team for some extra practice. These All-Stars are ready for some fun competition.





Pylon Football



Coach Curtis's *Pylon Football* class takes their game seriously. They do warm ups on the way to the field and then work on their daily drills before practicing some plays. These All-Stars enjoy showing off their skills and look forward to each class.





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### STAFF TRAININGS

The All-Stars Staff held a Vape prevention curriculum training, which was hosted by Ms. Tosa.

We were given the tools, talking points and slide shows to make it easier for us to teach our All-Stars.

